

VIII CARRERA DEL AGUA UNICEF SADA, Sada 30 de Septiembre de 2018

ADULTOS. Distancia: 10.000 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	T_Real	RitKmReal	Club	Localidade	Licencia
1	18	ANTONIO TEIJIDO LOPEZ		PSNM- 1	00:33:44	00:03:23	00:33:44	00:03:23	VERXEL NUTRICIÓN DEPORTIVA	GUITIRIZ	SI
2	2	JONATHAN FERNÁNDEZ RÍOS		PSNM- 2	00:33:51	00:03:24	00:33:51	00:03:24	PASA OU ENTORNA	NEDA	NO
3	100	JOSÉ MIGUEL GÓMEZ SÁNCHEZ		VT1M- 1	00:34:23	00:03:27	00:34:23	00:03:27	SAR-VERMU PETRONI	A CORUÑA	SI
4	70	JUAN JOSE ALVAREZ CURES		VT1M- 2	00:34:31	00:03:28	00:34:31	00:03:28	CLUB DEPORTIVO VAGALUME ENERGÍA	CARBALLO	SI
5	74	ESTEBAN DIAZ PEREZ		VT1M- 3	00:34:58	00:03:30	00:34:58	00:03:30	CLUB TRIEUME AS PONTES	AS PONTES	NO
6	43	JAVIER TOURÍS FORNOS		VT1M- 4	00:35:40	00:03:34	00:35:40	00:03:34	CLUB MARINEDA ATLETICO	LA CORUÑA	SI
7	165	MANUEL OLIVER PÉREZ LÓPEZ		VT2M- 1	00:35:50	00:03:35	00:35:50	00:03:35	ATLETISMOS SAR VERMU ST. PETRONI	EL BURGO	SI
8	214	JOSE SUAREZ LEIS		VT2M- 2	00:36:06	00:03:37	00:36:06	00:03:37	SAR-VERMU PETRONI	A BAÑA	SI
9	75	DAVID CANO CONESA		VT1M- 5	00:36:10	00:03:37	00:36:10	00:03:37	CORREDORES POPULARES ARMADA FERROL	NARON	SI
10	412	RAFA POUPARINA CASTRO		PSNM- 3	00:36:45	00:03:41	00:36:45	00:03:41	PASA OU ENTORNA	NARON	NO
11	279	EMILIO MARTINEZ ANTA		VT3M- 1	00:36:52	00:03:42	00:36:52	00:03:42	C.D.EGOVARROS-VIVEIRO	A CORUÑA	SI
12	41	MARCOS TRELLES RODRIGUEZ		VT1M- 6	00:36:55	00:03:42	00:36:55	00:03:42	A.D. JARNACHAS	ARTEIXO	SI
13	171	FERNANDO PEREZ HERNANDEZ		VT2M- 3	00:36:57	00:03:42	00:36:57	00:03:42	CLUB ATLETISMO CORUÑA COMARCA	A CORUÑA	SI
14	450	JUAN CARLOS GOMEZ EDREIRA		VT1M- 7	00:37:01	00:03:43	00:36:57	00:03:42	3&RUN CORREDORES PEDRO NIMO DEL ORO	OLEIROS	NO
15	620	JESUS ALVAREZ CHINCHILLA		VT2M- 4	00:37:14	00:03:44	00:37:13	00:03:44	CLUB ATLETISMO SADA	SADA	SI
16	184	JOSE LUIS ROIBAS FERNANDEZ		VT2M- 5	00:37:14	00:03:44	00:37:13	00:03:44	CLUB ATLETISMO SADA	CAMBRE	SI
17	49	FERNANDO VAZQUEZ ARES		VT1M- 8	00:37:22	00:03:45	00:37:20	00:03:44	ATLETAS DE ACEA DE AMA	CAMBRE	NO
18	207	JOSÉ CARLOS PEREIRA REY		VT2M- 6	00:37:23	00:03:45	00:37:19	00:03:44	RUNNING ARTEIXO	ARTEIXO	NO
19	188	LUIS FERNANDEZ ESPADA		VT2M- 7	00:37:30	00:03:45	00:37:22	00:03:45	CLUB ATLETISMO SADA	DORNEDA	NO
20	133	JOSE LOSADA PEREZ		VT1M- 9	00:37:34	00:03:46	00:37:32	00:03:46		A CORUÑA	NO
21	10	NICOLAS FERNANDO BAS ROTH		PSNM- 4	00:37:50	00:03:47	00:37:47	00:03:47	CLUB ATLETISMO SADA	CULLEREDO	SI
22	32	JORGE MARTÍNEZ GÓMEZ		PSNM- 5	00:38:01	00:03:49	00:37:58	00:03:48		A CORUÑA	NO
23	31	ALBERTO FRAGA SUAREZ		PSNM- 6	00:38:03	00:03:49	00:38:00	00:03:48		A CORUÑA	NO
24	51	ALBERTO CASTRO SANCHEZ		VT1M- 10	00:38:19	00:03:50	00:38:15	00:03:50	ATLETAS DE ACEA DE AMA	VILABOA CULLEREDO	NO
25	72	ALVARO LOPEZ JACOME		VT1M- 11	00:38:25	00:03:51	00:38:20	00:03:50	CLUB LEONES TEAM BEER RUNNERS!!!!!!	A CORUÑA	NO
26	259	BYRON REINO		VT2M- 8	00:38:40	00:03:52	00:38:38	00:03:52		A CORUÑA	NO
27	98	MIGUEL ANGEL GOMEZ SENIN		VT1M- 12	00:38:48	00:03:53	00:38:44	00:03:53	RUNNING OLEIROS	CAMBRE	SI
28	90	DIEGO ÁLVAREZ SOTO		VT1M- 13	00:38:52	00:03:54	00:38:49	00:03:53	PASA OU ENTORNA	NARÓN	NO
29	413	FRANCISCO JAVIER FERRADÁS ÁLVAREZ		PSNM- 7	00:38:56	00:03:54	00:38:48	00:03:53	TRIATLÓN FERROL	A CORUÑA	NO
30	547	EMILIO DIEGO CALVO MANTIÑAN		VT2M- 9	00:39:05	00:03:55	00:39:02	00:03:55		PONTEVEDRA	NO
31	290	JULIAN JOSE GESTO CAABEIRO		VT3M- 2	00:39:08	00:03:55	00:39:04	00:03:55	RUNNING OLEIROS	OLEIROS	NO
32	101	CARLOS SANTOS MARTINEZ		VT1M- 14	00:39:09	00:03:55	00:39:04	00:03:55	SIEIRO RUNNING	A CORUÑA	NO
33	258	CARLOS CASTRILLON CRESPO		VT2M- 10	00:39:11	00:03:56	00:39:08	00:03:55		A CORUÑA	NO
34	134	MANUEL ANTONIO GARRIDO CONCHADO		VT1M- 15	00:39:18	00:03:56	00:39:16	00:03:56		OLEIROS	NO
35	1902	ESTEBAN FERNANDEZ DIAZ		VT1M- 16	00:39:23	00:03:57	00:39:14	00:03:56		A CORUÑA	NO
36	82	DAVID PONTE IGLESIAS		VT1M- 17	00:39:27	00:03:57	00:39:22	00:03:57	MARRANERS-EN BOAS MANS	TRAZO	NO
37	169	MANUEL LORENZO MEJUTO		VT2M- 11	00:39:27	00:03:57	00:39:26	00:03:57	CIDADE DE LUGO FLUVIAL	A CORUÑA	NO
38	173	JULIO JOSÉ SOUTO DIZ		VT2M- 12	00:39:28	00:03:57	00:39:25	00:03:57	CLUB ATLETISMO SADA	OLEIROS (A CORUÑA)	SI
39	276	JOSE LUIS BOUZA FREIRE		VT3M- 3	00:39:41	00:03:59	00:39:38	00:03:58	ATLETISMO NARON	FERROL	SI
40	104	FERNANDO ANTONIO BOUZON OTERO		VT1M- 18	00:39:42	00:03:59	00:39:38	00:03:58		SAN MARTIN DE MEIRAS. SADA	NO
41	15	DANIEL LÓPEZ GARCÍA		PSNM- 8	00:39:42	00:03:59	00:39:34	00:03:58	KURAI	PERILLO	NO
42	34	FERNANDO JOSE VARELA CASTRO		PSNM- 9	00:39:54	00:04:00	00:39:52	00:04:00		A CORUÑA	NO
43	12	DAVID CRUZ SOTO		PSNM- 10	00:39:55	00:04:00	00:39:53	00:04:00	CLUB ATLETISMO SADA	GUITIRIZ	SI
44	404	ADRIAN LÓPEZ LÓPEZ		PSNM- 11	00:39:55	00:04:00	00:39:47	00:03:59	CLUB ATLETISMO BOIMORTO	BOIMORTO	SI
45	293	RAMÓN ANTONIO VARELA MÍGUEZ		VT3M- 4	00:39:59	00:04:00	00:39:55	00:04:00		A CORUÑA	NO

46	510 JOSÉ MANUEL LOPEZ MIHURA		VT2M- 13	00:40:00	00:04:00	00:39:48	00:03:59	ATLETAS DE ACEA DE AMA	A CORUÑA	NO
47	40 LUIS PINEDO ARMESTO		VT1M- 19	00:40:00	00:04:00	00:39:57	00:04:00	CLUB ATLETISMO SADA	A CORUÑA	NO
48	250 JAVIER CUPEIRO FRADE		VT2M- 14	00:40:02	00:04:01	00:39:57	00:04:00		A CORUÑA	NO
49	9 IVÁN CRUZ SOTO		PSNM- 12	00:40:07	00:04:01	00:40:04	00:04:01	CLUB ATLETISMO SADA	GUITIRIZ	SI
50	498 ENRIQUE SUÁREZ SUÁREZ		VT1M- 20	00:40:08	00:04:01	00:40:03	00:04:01		SADA	NO
51	85 GABRIEL PIZARRO VARELA		VT1M- 21	00:40:21	00:04:03	00:40:15	00:04:02	NOSPORTLIMIT	A CORUÑA	NO
52	489 JOSÉ MANUEL ARES TRAVIESO		VT1M- 22	00:40:23	00:04:03	00:40:20	00:04:02		MIÑO	NO
53	97 JOSE VAZQUEZ POSE		VT1M- 23	00:40:28	00:04:03	00:40:23	00:04:03	RUNNING OLEIROS	SANTA CRUZ	NO
54	213 FRANCISCO JAVIER GONZÁLEZ LEDO		VT2M- 15	00:40:35	00:04:04	00:40:30	00:04:03	RUNNING OLEIROS	CULLEREDO	SI
55	403 JOSE MANUEL SANCHEZ VIGO		PSNM- 13	00:40:46	00:04:05	00:40:37	00:04:04	CLUB ATLETISMO BOIMORTO	BOIMORTO	SI
56	466 IGNACIO LORENZO RAMOS		VT1M- 24	00:40:47	00:04:05	00:40:21	00:04:03	PARGA RULES	PARGA	NO
57	183 JUAN CARLOS BARDANCA SANJURJO		VT2M- 16	00:40:49	00:04:05	00:40:42	00:04:05	CLUB ATLETISMO SADA	BERGONDO	SI
58	468 ROBERTO CARLOS LAGO FERNÁNDEZ		VT1M- 25	00:40:56	00:04:06	00:40:53	00:04:06	PASA OU ENTORNA	NARÓN	NO
59	99 JUAN CARLOS CASTRO FERNANDEZ		VT1M- 26	00:40:59	00:04:06	00:40:55	00:04:06	RUNNING OLEIROS	OLEIROS	NO
60	153 RAMON IGLESIAS REY		VT1M- 27	00:41:05	00:04:07	00:41:00	00:04:06		SANTIAGO	SI
61	3 BEGOÑA PACIO LOPEZ	F- 1	VT1F- 1	00:41:20	00:04:08	00:41:19	00:04:08	PASA OU ENTORNA	NARÓN	NO
62	531 FRANCISCO GÓMEZ SUEIRAS		VT2M- 17	00:41:22	00:04:09	00:41:16	00:04:08		CULLEREDO	NO
63	84 DAVID RILO RODRIGUEZ		VT1M- 28	00:41:32	00:04:10	00:41:25	00:04:09	NOSPORTLIMIT	CULLEREDO	NO
64	503 PAULO CORTÉS CANDAL		VT1M- 29	00:41:39	00:04:10	00:41:26	00:04:09		A CORUÑA	NO
65	122 DANIEL PEREZ LOMBA		VT1M- 30	00:41:40	00:04:10	00:41:31	00:04:10		A CORUÑA	NO
66	502 DANIEL BELMONTE CRIADO		VT1M- 31	00:41:48	00:04:11	00:41:45	00:04:11		ARANJUEZ	SI
67	33 JORGE POUZO TOJA		PSNM- 14	00:41:49	00:04:11	00:41:43	00:04:11		VIMIANZO	NO
68	86 RUBÉN SÁNCHEZ VÁZQUEZ		VT1M- 32	00:41:51	00:04:12	00:41:44	00:04:11	NOSPORTLIMIT	OLEIROS	NO
69	127 IAGO DEL POZO SANCHEZ		VT1M- 33	00:41:52	00:04:12	00:41:44	00:04:11		A CORUÑA	NO
70	103 FERNANDO DEL CORRAL REY		VT1M- 34	00:41:53	00:04:12	00:41:45	00:04:11	THE COBARDES TRACK CLUB	CORUÑA	NO
71	402 JOSÉ ANTONIO MARQUE RUIBAL		PSNM- 15	00:41:58	00:04:12	00:41:51	00:04:12	CDM VÉRTICE	VEDRA	NO
72	132 JOSÉ MANUEL CASÁS CASÁS		VT1M- 35	00:42:01	00:04:13	00:41:58	00:04:12		A CORUÑA	NO
73	273 FRANCISCO SOTO GARCÍA		VT3M- 5	00:42:02	00:04:13	00:41:54	00:04:12	AMIG@S DE SAN DIEGO	A CORUÑA	NO
74	411 MANEL SALGADO FILGUEIRA		PSNM- 16	00:42:03	00:04:13	00:41:46	00:04:11	PASA OU ENTORNA	NARÓN	NO
75	177 JUAN GALÁN PRESAS		VT2M- 18	00:42:07	00:04:13	00:42:05	00:04:13	CLUB ATLETISMO SADA	A CORUÑA	SI
76	341 ANGELA TORRENTE INSUA	F- 2	VT1F- 2	00:42:10	00:04:13	00:42:08	00:04:13	KIRÓS	NARÓN	NO
77	255 JAVIER PORTAS LEMUS		VT2M- 19	00:42:16	00:04:14	00:42:04	00:04:13		LA CORUÑA	NO
78	622 DAMIAN PARIS LABANDEIRA		PSNM- 17	00:42:27	00:04:15	00:41:53	00:04:12		A CORUÑA	NO
79	107 MARCOS LAGO CASTRO		VT1M- 36	00:42:28	00:04:15	00:42:20	00:04:14		CAMBRE	NO
80	48 VÍCTOR CASTRO SEGADE		VT1M- 37	00:42:34	00:04:16	00:42:19	00:04:14	ASOCIACIÓN DEPORTIVA CERNE	A CORUÑA	NO
81	220 MIGUEL DÍAZ CARBALLO		VT2M- 20	00:42:38	00:04:16	00:42:29	00:04:15		BETANZOS	NO
82	438 ALBERTO REY MOLANO		PSNM- 18	00:42:39	00:04:16	00:42:37	00:04:16		A ESTRADA	NO
83	154 DAVID NOVO VICOS		VT1M- 38	00:42:50	00:04:17	00:42:31	00:04:16		BETANZOS	NO
84	96 MIGUEL CONDE MOSTEIRO		VT1M- 39	00:42:51	00:04:18	00:42:41	00:04:17	RUNNING OLEIROS	CULLEREDO	NO
85	538 VÍCTOR FREIRE FERNÁNDEZ		VT2M- 21	00:42:53	00:04:18	00:42:38	00:04:16		CURTIS	NO
86	95 JOSE LUIS LOMBAO NUÑEZ		VT1M- 40	00:43:06	00:04:19	00:42:58	00:04:18	RUNNING OLEIROS	ALTAMIRA CAMBRE	SI
87	61 ÓSCAR FIGUEIRAS TOREA		VT1M- 41	00:43:08	00:04:19	00:43:00	00:04:18	CLUB ATLETISMO OUTES JOHN TURKEY	ESTEIRO	NO
88	54 ADOLFO GARCÍA ALONSO		VT1M- 42	00:43:10	00:04:19	00:42:57	00:04:18	BEER RUNNERS CORUÑA	A CORUÑA	NO
89	52 IVAN LOPEZ GONZALEZ		VT1M- 43	00:43:11	00:04:20	00:43:05	00:04:19	ATLETAS DE ACEA DE AMA	ACEADAMA-CULLEREDO	NO
90	401 ALBERTO ARMAS POL		PSNM- 19	00:43:11	00:04:20	00:42:32	00:04:16	BRIGANTIA AVENTURA	A CORUÑA	NO
91	113 STOIL NIKOLOV NIKOLOV		VT1M- 44	00:43:12	00:04:20	00:43:04	00:04:19		A CORUÑA	NO
92	53 JOSÉ ÁLVAREZ LENCE		VT2M- 22	00:43:12	00:04:20	00:43:09	00:04:19	VERXEL NUTRICIÓN DEPORTIVA	LUGO	NO
93	29 DANIEL NOGUEIRA CARRO		PSNM- 20	00:43:14	00:04:20	00:43:00	00:04:18		A CORUÑA	NO
94	446 PEDRO LÓPEZ MUÑOZ		PSNM- 21	00:43:15	00:04:20	00:43:10	00:04:19		PRADOLUENGO	NO

95	229	ALFONSO GARCÍA BELLO		VT2M- 23	00:43:18	00:04:20	00:43:15	00:04:20			CAMBRE	NO
96	310	DOMINGO ALVAREZ IGLESIAS		VT4M- 1	00:43:19	00:04:20	00:43:08	00:04:19	C.D.EGOVARROS-VIVEIRO		LA CORUÑA	SI
97	28	GERMAN GARCIA AMEIJIDE		PSNM- 22	00:43:32	00:04:22	00:43:24	00:04:21			A CORUÑA	NO
98	140	XOSÉ ANTÓN PACHECO PAZ		VT1M- 45	00:43:36	00:04:22	00:43:33	00:04:22			ROIS	NO
99	88	SIMON CALVIÑO CALVIÑO		VT1M- 46	00:43:42	00:04:23	00:43:34	00:04:22	NOSPORTLIMIT		A CORUÑA	NO
100	147	MARCOS MÉNDEZ BOUZA		VT1M- 47	00:43:47	00:04:23	00:43:30	00:04:21			MONDOÑEDO	NO
101	217	MANUEL VÁZQUEZ RAMOS		VT2M- 24	00:43:48	00:04:23	00:43:39	00:04:22	VERXEL NUTRICIÓN DEPORTIVA		ARANGA	SI
102	335	NATI GARCÍA SANCHEZ	F- 3	VT1F- 3	00:43:49	00:04:23	00:43:46	00:04:23	CLUB ATLETISMO SADA		OLEIROS	SI
103	162	MARCELO BELLO GOMEZ		VT2M- 25	00:43:50	00:04:23	00:43:45	00:04:23	ATLETAS DE ACEA DE AMA		VILABOA CULLEREDO	NO
104	201	JOAQUIN PIÑOL CHAS		VT2M- 26	00:43:54	00:04:24	00:43:43	00:04:23	NOSPORTLIMIT		A CORUÑA	NO
105	161	FRANCISCO JAVIER CORREA PIÑEIRO		VT2M- 27	00:43:57	00:04:24	00:43:57	00:04:24	ATLETAS DE ACEA DE AMA		VILABOA-CULLEREDO	SI
106	436	SAMUEL SUÁREZ SUÁREZ		PSNM- 23	00:43:58	00:04:24	00:43:54	00:04:24			SADA	NO
107	303	JOSE LUIS PRESAS NAVEIRA		VT3M- 6	00:43:59	00:04:24	00:43:48	00:04:23			LUGO	NO
108	408	EDUARDO MORALES BERMEO		PSNM- 24	00:44:01	00:04:25	00:43:48	00:04:23	ESCUELA ANTONIO DE ESCAÑO		MIÑO	NO
109	35	DANIEL POSE GARCÍA		PSNM- 25	00:44:02	00:04:25	00:43:54	00:04:24			CAMBRE	NO
110	144	MARIO LÓPEZ PAZ		VT1M- 48	00:44:02	00:04:25	00:43:50	00:04:23			FERROL	NO
111	405	CRISTIAN CALVO GONZALEZ		PSNM- 26	00:44:03	00:04:25	00:43:45	00:04:23	CLUB ATLETISMO FENE		FENE	SI
112	467	JORGE SUÁREZ FERNÁNDEZ		VT1M- 49	00:44:14	00:04:26	00:43:56	00:04:24	PASA OU ENTORNA		FERROL	NO
113	705	JOSE ANGEL MARTINEZ ABAD		VT2M- 28	00:44:18	00:04:26	00:44:05	00:04:25			A CORUÑA	NO
114	19	ADRIÁN ÁLVAREZ MOSQUERA		PSNM- 27	00:44:20	00:04:26	00:44:15	00:04:26	VERXEL NUTRICIÓN DEPORTIVA		LUGO	NO
115	520	FELIPE DE LA VEGA GÁNDARAS		VT2M- 29	00:44:20	00:04:26	00:44:04	00:04:25	TERMARIA RUNNING		A CORUÑA	NO
116	284	FELIX CANTUA GUARDIOLA		VT3M- 7	00:44:21	00:04:27	00:44:04	00:04:25	CLUB ATLETISMO SADA		OLEIROS	SI
117	305	JUAN ANTONIO RIVAS ROMERO		VT3M- 8	00:44:22	00:04:27	00:44:10	00:04:25			A CORUÑA	NO
118	5	ARTURO PAZ		PSNM- 28	00:44:24	00:04:27	00:43:59	00:04:24	ADKN		A CORUÑA	NO
119	366	PILAR CAINZOS PAN	F- 4	VT2F- 1	00:44:25	00:04:27	00:44:09	00:04:25	CLUB ATLETISMO SADA		OLEIROS (A CORUÑA)	NO
120	283	JOSÉ ANTONIO MARTÍNEZ GARCÍA		VT3M- 9	00:44:25	00:04:27	00:44:08	00:04:25	CLUB ATLETISMO SADA		OLEIROS	NO
121	159	MIGUEL MIRANTES MIRANTES		VT2M- 30	00:44:26	00:04:27	00:44:09	00:04:25	AFIN		A CORUÑA	SI
122	185	OSCAR SOUTO MUIÑO		VT2M- 31	00:44:26	00:04:27	00:44:19	00:04:26	CLUB ATLETISMO SADA		SADA	SI
123	618	IAGO LOPEZ POSSE		VT1M- 50	00:44:26	00:04:27	00:44:19	00:04:26	CLUB ATLETISMO SADA		A CORUÑA	NO
124	541	EUGENIO CALVETE GARCÍA		VT2M- 32	00:44:30	00:04:27	00:44:01	00:04:25			CAMBRE	NO
125	196	RUBEN MARTINEZ DEL RIO		VT2M- 33	00:44:32	00:04:28	00:44:18	00:04:26	DREAM TEAM		O TEMPLE - CAMBRE	NO
126	71	OSCAR DURO PAZOS		VT1M- 51	00:44:32	00:04:28	00:44:17	00:04:26	CLUB HÉRCULES TERMARIA		A CORUÑA	NO
127	415	IAGO CARNERO NÚÑEZ		PSNM- 29	00:44:34	00:04:28	00:44:25	00:04:27			A CORUÑA	NO
128	550	JOSÉ ANDRES FREIRE GATO		VT3M- 10	00:44:38	00:04:28	00:44:22	00:04:27			FENE	NO
129	301	JESÚS VAAMONDE RÚA		VT3M- 11	00:44:40	00:04:28	00:44:36	00:04:28			LA CORUÑA	NO
130	119	JUAN CARLOS DOMINGUEZ GONDAR		VT1M- 52	00:44:40	00:04:28	00:44:19	00:04:26			ARTEIXO	NO
131	527	JESÚS VEIGA VÁZQUEZ		VT2M- 34	00:44:41	00:04:29	00:44:23	00:04:27			MIÑO	NO
132	231	MIGUEL ÁNGEL GARCÍA ÁLVAREZ		VT2M- 35	00:44:42	00:04:29	00:44:30	00:04:27			A CORUÑA	NO
133	168	LUC HAASNOOT		VT2M- 36	00:44:44	00:04:29	00:44:28	00:04:27	BEER RUNNERS FERROL		NARÓN	NO
134	150	JOAQUIN DOCAMPO GARCIA		VT1M- 53	00:44:57	00:04:30	00:44:49	00:04:29			SADA	NO
135	270	JAVIER FERNÁNDEZ MARTÍNEZ		VT2M- 37	00:45:07	00:04:31	00:45:02	00:04:31			EL TEMPLE - CAMBRE	NO
136	193	MANUEL VARELA VILA		VT2M- 38	00:45:12	00:04:32	00:44:52	00:04:30	CORREDORES POPULARES ARMADA FERROL		PONTEDEUME	NO
137	530	XOMEL PÉREZ PÉREZ		VT2M- 39	00:45:13	00:04:32	00:45:08	00:04:31			SADA	NO
138	337	CONCHA NOVAIS	F- 5	VT1F- 4	00:45:14	00:04:32	00:45:08	00:04:31	CLUB ATLETISMO SADA		ESTEIRO	NO
139	45	INES PAPIN ESTEVEZ	F- 6	VT2F- 2	00:45:16	00:04:32	00:45:12	00:04:32	CLUB ATLETISMO SADA		CAMBRE	SI
140	500	HÉCTOR MANUEL RODRÍGUEZ CAGIAO		VT1M- 54	00:45:17	00:04:32	00:45:08	00:04:31			SADA	NO
141	81	RAFAEL PENA FERNANDEZ		VT1M- 55	00:45:17	00:04:32	00:45:10	00:04:31	MARRANERS-EN BOAS MANS		CULLEREDO	NO
142	89	JUAN CARLOS DOMATO VERDÍA		VT1M- 56	00:45:21	00:04:33	00:45:08	00:04:31	OS DESBROZA CARRETERAS		ARTEIXO	NO
143	36	MANUEL RODRIGUEZ RODRIGUEZ		PSNM- 30	00:45:22	00:04:33	00:45:19	00:04:32			SADA	NO

144	129	CARLOS CASÁS FERNANDEZ		VT1M- 57	00:45:23	00:04:33	00:44:48	00:04:29		MERA - OLEIROS	NO
145	528	JUAN BELLAS RODRÍGUEZ		VT2M- 40	00:45:23	00:04:33	00:44:59	00:04:30		CEDEIRA	NO
146	435	GERMAN CALDERÓN ARTEAGA		PSNM- 31	00:45:27	00:04:33	00:45:03	00:04:31		MAIRENA DEL ALJARAFE	NO
147	91	CARLOS DEZA RODRIGUEZ		VT1M- 58	00:45:27	00:04:33	00:45:09	00:04:31	PATUKOS TIM RANIN	CULLEREDO	SI
148	430	FRANCISCO CALERO TEJERA		PSNM- 32	00:45:27	00:04:33	00:45:04	00:04:31		SANTA FE	NO
149	407	RUBÉN SESAR VÁZQUEZ		PSNM- 33	00:45:28	00:04:33	00:44:57	00:04:30	CLUBE ATLETISMO BOIMORTO	BOIMORTO	SI
150	117	JOSÉ MANUEL ROCA RODRIGUEZ		VT1M- 59	00:45:30	00:04:33	00:45:14	00:04:32		ARANGA	NO
151	260	MARC PERRAMON BONIGNO		VT2M- 41	00:45:30	00:04:33	00:45:06	00:04:31		A CORUÑA	NO
152	254	JUAN CARLOS FERNANDEZ OLIVEIRA		VT2M- 42	00:45:31	00:04:34	00:45:24	00:04:33		LA ESTRADA	NO
153	607	MARÍA ISABEL FELGAR LÓPEZ	F- 7	VT2F- 3	00:45:33	00:04:34	00:45:25	00:04:33	CLUB PASA OU ENTORNA	VALDOVIÑO	NO
154	493	JOSÉ MANUEL GARCÍA GÓMEZ		VT1M- 60	00:45:33	00:04:34	00:45:22	00:04:33		VILLARRODIS-ARTEIXO	NO
155	481	EDUARDO RÁDEKE FARIÑA		VT1M- 61	00:45:35	00:04:34	00:45:24	00:04:33		SADA	NO
156	16	ADRIAN MORALES ENRIQUEZ		PSNM- 34	00:45:36	00:04:34	00:45:29	00:04:33	NOSPORTLIMIT	CAMBRE	NO
157	223	RAMON MIGUEL GARCIA BARBA		VT2M- 43	00:45:37	00:04:34	00:45:27	00:04:33		LA CORUÑA	NO
158	440	JUAN CAMACHO GONZÁLEZ		PSNM- 35	00:45:40	00:04:34	00:45:17	00:04:32		JEREZ DE LA FRONTERA	SI
159	418	JAVIER FERREIRO ZAS		PSNM- 36	00:45:43	00:04:35	00:45:14	00:04:32		MEICENDE	NO
160	57	JOSE MANUEL GARCIA PAZ		VT1M- 62	00:45:45	00:04:35	00:45:08	00:04:31	AS MARIÑAS BETANZOS	BETANZOS	NO
161	160	JOSÉ SAS GOLPE		VT2M- 44	00:45:46	00:04:35	00:45:23	00:04:33	AS MARIÑAS BETANZOS	BETANZOS	NO
162	252	JOSÉ PENELAS SANTOS		VT2M- 45	00:45:47	00:04:35	00:45:33	00:04:34		LUGO	NO
163	360	EUSEBIA MALDONADO	F- 8	VT1F- 5	00:45:47	00:04:35	00:45:43	00:04:35		A CORUÑA	NO
164	518	LORENZO CAPLLONCH CASTELEIRO		VT2M- 46	00:45:48	00:04:35	00:45:19	00:04:32	CLUB ATLETISMO SADA	SADA	NO
165	62	FRANCISCO JOSE SEIJAS LAMELAS		VT1M- 63	00:45:52	00:04:36	00:45:34	00:04:34	CLUB ATLETISMO SADA	ARILLO OLEIROS	NO
166	376	GELI LÓPEZ VILAS	F- 9	VT2F- 4	00:45:53	00:04:36	00:45:46	00:04:35	RUNNING ARTEIXO	ARTEIXO	NO
167	23	DIEGO VÁZQUEZ PÉREZ		PSNM- 37	00:45:55	00:04:36	00:45:40	00:04:34		A CORUÑA	NO
168	515	FRANCISCO JAVIER RODRÍGUEZ BARGIELA		VT2M- 47	00:45:57	00:04:36	00:45:27	00:04:33	CLUB ATLETISMO SADA	SADA	NO
169	288	ANTONIO LOIS PEREZ		VT3M- 12	00:45:59	00:04:36	00:45:42	00:04:35	CLUB MARINEDA ATLETICO	A BARCALA-CAMBRE	SI
170	480	MIGUEL FRAGA REY		VT1M- 64	00:46:00	00:04:36	00:45:41	00:04:35		CULLEREDO	NO
171	449	ALEJANDRO CAÑADA HINOJOSA		PSNM- 38	00:46:10	00:04:37	00:45:45	00:04:35		A CORUÑA	NO
172	356	LAURA NÚÑEZ NAVEIRA	F- 10	VT1F- 6	00:46:11	00:04:38	00:46:04	00:04:37		A CORUÑA	NO
173	44	VÍCTOR MANUEL VILAR REINA		VT1M- 65	00:46:12	00:04:38	00:45:30	00:04:33	ADJUNTO NÁUTICO NARON	FERROL	NO
174	521	LUIS PRADA MEDINA		VT2M- 48	00:46:15	00:04:38	00:45:35	00:04:34		A CORUÑA	NO
175	197	JOSE MARIA LEVOSO TOUCEDA		VT2M- 49	00:46:15	00:04:38	00:46:00	00:04:36	ESPRINTES OURENSE	A CORUÑA	SI
176	421	JORGE BLANCO MEIRIÑO		PSNM- 39	00:46:15	00:04:38	00:45:48	00:04:35		A CORUÑA	NO
177	617	ISAAC GARCIA GARCIA		VT1M- 66	00:46:17	00:04:38	00:45:52	00:04:36		SANTA AMALIA	NO
178	517	ANTONIO GARCIA FERNANDEZ		VT2M- 50	00:46:17	00:04:38	00:45:51	00:04:36	CLUB ATLETISMO SADA	SADA	NO
179	102	FRANCISCO PRIETO PERNAS		VT1M- 67	00:46:18	00:04:38	00:46:05	00:04:37	SÍGUEME SI PUEDES	CORUÑA	NO
180	206	JOSÉ ANTONIO SAAVEDRA PAZOS		VT2M- 51	00:46:21	00:04:39	00:45:41	00:04:35	RUNAWAYS	A CORUÑA	SI
181	383	ISABEL CARBAJALES CASAL	F- 11	VT2F- 5	00:46:22	00:04:39	00:46:16	00:04:38		OLEIROS	SI
182	388	ELISA PAZ SOUTO	F- 12	VT3F- 1	00:46:23	00:04:39	00:46:18	00:04:38		A CORUÑA	SI
183	294	J. MIGUEL MAQUIEIRA BORRAJO		VT3M- 13	00:46:25	00:04:39	00:46:16	00:04:38		SADA	SI
184	549	XESÚS ANXO LÓPEZ PINTOS		VT3M- 14	00:46:26	00:04:39	00:46:08	00:04:37	PASA OU ENTORNA	CEDEIRA	NO
185	192	JUAN MANUEL TABOADA BARREIRO		VT2M- 52	00:46:34	00:04:40	00:46:26	00:04:39	CLUBE ATLETISMO BOIMORTO	CURTIS	SI
186	211	JOSE MANUEL PAZ CARREIRA		VT2M- 53	00:46:35	00:04:40	00:46:23	00:04:39	RUNNING OLEIROS	LA CORUÑA	NO
187	164	ALBERTO PARDO FERNANDEZ		VT2M- 54	00:46:40	00:04:40	00:45:53	00:04:36	ATLETISMO CORUÑA COMARCA	A CORUÑA	SI
188	225	ROGELIO MANUEL PEREZ MIÑONES		VT2M- 55	00:46:41	00:04:41	00:46:21	00:04:39		A CORUÑA	NO
189	264	ÁNGEL JUVIÑO PREGO		VT2M- 56	00:46:41	00:04:41	00:46:27	00:04:39		ARTEIXO	NO
190	604	PILAR BARREIRO SENRA	F- 13	VT2F- 6	00:46:43	00:04:41	00:46:39	00:04:40	CLUB ATLETISMO SADA	LA CORUÑA	NO
191	296	DIONISIO JOSE BUENO GARCIA		VT3M- 15	00:46:47	00:04:41	00:46:31	00:04:40		BERGONDO	NO
192	59	ROBERTO LOPEZ CAGIAO		VT1M- 68	00:46:48	00:04:41	00:46:30	00:04:39	CLUB ATLETISMO SADA	MIÑO	SI

193	135	EDUARDO ALVAREZ MAGALHAES		VT1M- 69	00:46:53	00:04:42	00:46:43	00:04:41		O TEMPLE-CAMBRE	NO
194	56	ANDRÉS FABIÁN MÉNDEZ PASCAL		VT1M- 70	00:46:54	00:04:42	00:46:24	00:04:39	BEER RUNNERS CORUÑA	PASTORIZA	NO
195	105	MIGUEL RODRIGUEZ OTERO		VT1M- 71	00:47:00	00:04:42	00:46:49	00:04:41		SADA	SI
196	501	ALEX SANJURJO ROCA		VT1M- 72	00:47:01	00:04:43	00:46:29	00:04:39		A CORUÑA	NO
197	37	ISMAEL GENDE VILAS		PSNM- 40	00:47:02	00:04:43	00:46:31	00:04:40		A CORUÑA	NO
198	130	JOSE LUIS BERGONDO VÁZQUEZ		VT1M- 73	00:47:05	00:04:43	00:46:43	00:04:41		A CORUÑA	NO
199	124	JOSÉ CARLOS MEJUTO SUÁREZ		VT1M- 74	00:47:11	00:04:44	00:47:01	00:04:43		LUGO	NO
200	190	JUAN CARLOS HERMIDA MERA		VT2M- 57	00:47:12	00:04:44	00:46:57	00:04:42	CLUB CASTRO DE LOBADIZ	NARÓN	NO
201	142	OSCAR VIDAL RODRIGUEZ		VT1M- 75	00:47:13	00:04:44	00:46:49	00:04:41		A CORUÑA	NO
202	66	MANUEL GONZÁLEZ ÁLVAREZ		VT1M- 76	00:47:17	00:04:44	00:46:52	00:04:42	CLUB ATLETISMO SADA	SADA	NO
203	212	PEDRO PETEIRO ROSENDE		VT2M- 58	00:47:22	00:04:45	00:47:13	00:04:44	RUNNING OLEIROS	ARANGA	SI
204	420	LUIS RIVERA SIXTO		PSNM- 41	00:47:23	00:04:45	00:47:03	00:04:43		NARON	NO
205	433	DIEGO FERNÁNDEZ GARCÍA		PSNM- 42	00:47:30	00:04:45	00:47:25	00:04:45		SADA	NO
206	425	ANTONIO LAGOS PEREIRO		PSNM- 43	00:47:30	00:04:45	00:47:25	00:04:45		VEDRA	NO
207	1905	JOSE LUIS MEIZOSO BASTIDA		VT3M- 16	00:47:33	00:04:46	00:46:42	00:04:41	C.D.EGOVARROS-VIVEIRO	NARÓN	NO
208	244	FRANCISCO JAVIER MARTINEZ SANTOS		VT2M- 59	00:47:35	00:04:46	00:47:20	00:04:44		A CORUÑA	NO
209	464	MON FERNÁNDEZ		VT1M- 77	00:47:36	00:04:46	00:47:13	00:04:44	GLOBAL CLUB	OLEIROS	NO
210	263	JORGE BLANCO FERNANDEZ		VT2M- 60	00:47:37	00:04:46	00:47:17	00:04:44		A CORUÑA	NO
211	509	ENRIQUE MARTINEZ DA TORRE		VT1M- 78	00:47:39	00:04:46	00:47:36	00:04:46		SADA	NO
212	432	JOSE MIGUEL GARCIA CALIZ		PSNM- 44	00:47:40	00:04:46	00:47:18	00:04:44		SANTA FE	NO
213	149	JOSÉ MANUEL PÉREZ VEIGA		VT1M- 79	00:47:42	00:04:47	00:47:24	00:04:45		VALDOVIÑO	NO
214	562	ESTEFANÍA HERNÁNDEZ GARCÍA	F- 14	PSNF- 1	00:47:43	00:04:47	00:47:34	00:04:46		LA CORUÑA	NO
215	227	ENRIQUE JORGE RAMA RODRÍGUEZ		VT2M- 61	00:47:44	00:04:47	00:47:28	00:04:45		A CORUÑA	NO
216	499	FRANCISCO GARCIA RIAL		VT1M- 80	00:47:45	00:04:47	00:47:32	00:04:46		NARON	NO
217	603	HELEN JANE SANDERSON	F- 15	VT2F- 7	00:47:46	00:04:47	00:47:40	00:04:46	CLUB ATLETISMO SADA	CULLEREDO	NO
218	208	JAVIER FERNANDEZ FRAGA		VT2M- 62	00:47:47	00:04:47	00:47:32	00:04:46	RUNNING ARTEIXO	ARTEIXO	NO
219	21	JUAN CARTELLE SÁEZ		PSNM- 45	00:47:50	00:04:47	00:47:41	00:04:47		A CORUÑA	NO
220	287	CARLOS PAMPÍN BOADO		VT3M- 17	00:47:50	00:04:47	00:47:38	00:04:46	CLUB DEPORTIVO PINARIUM	VILA DE CRUCES	NO
221	708	YANINE ACOSTA NEVES	F- 16	PSNF- 2	00:47:53	00:04:48	00:47:43	00:04:47		SADA	NO
222	557	MARÍA URÍA ÁLVAREZ	F- 17	PSNF- 3	00:47:54	00:04:48	00:47:44	00:04:47	LA MOCHILA DEL DEPORTE	A CORUÑA	NO
223	191	ARTURO LOPEZ LAGO		VT2M- 63	00:47:54	00:04:48	00:47:48	00:04:47	CLUB TRIATLON CORUÑA	OLEIROS	NO
224	22	MIGUEL RODRIGUEZ RODRIGUEZ		PSNM- 46	00:47:54	00:04:48	00:47:52	00:04:48		BERGONDO	NO
225	363	MARI CARMEN RODRIGUEZ GOLAN	F- 18	VT2F- 8	00:47:56	00:04:48	00:47:19	00:04:44	A.D DOWNHILL	A LARACHA	SI
226	314	NOELIA AMADO FERNANDEZ	F- 19	PSNF- 4	00:47:57	00:04:48	00:47:19	00:04:44	A.D DOWNHILL	NANTON	NO
227	126	NESTOR TOREA MOLEDO		VT1M- 81	00:48:05	00:04:49	00:47:47	00:04:47		ESTEIRO	NO
228	25	JOSÉ LUIS LÓPEZ LÓPEZ		PSNM- 47	00:48:16	00:04:50	00:48:06	00:04:49		A FONSAGRADA	NO
229	17	ADRIÁN COLLAZO VARELA		PSNM- 48	00:48:19	00:04:50	00:48:12	00:04:50	NOSPORTLIMIT	CULLEREDO	NO
230	519	FERNANDO DÍAZ PARDO		VT2M- 64	00:48:20	00:04:50	00:48:11	00:04:50	CLUB ATLETISMO SADA	SADA	NO
231	116	MIGUEL ANGEL CARREIRA GARCIA		VT1M- 82	00:48:22	00:04:51	00:48:08	00:04:49		ARANGA	NO
232	46	MANUEL REDONDA INSUA		VT1M- 83	00:48:22	00:04:51	00:48:04	00:04:49	AME BESTARRUZA	FENE	NO
233	291	JOSE ANTONIO MENDEZ PAMPIN		VT3M- 18	00:48:25	00:04:51	00:48:10	00:04:49		A CORUÑA	NO
234	494	ELEAZAR ANTONIO LUNA MARTÍNEZ		VT1M- 84	00:48:27	00:04:51	00:48:22	00:04:51		SANTIAGO DE COMPOSTELA	NO
235	245	MANUEL PAZ CARBON		VT2M- 65	00:48:27	00:04:51	00:48:07	00:04:49		A CORUÑA	NO
236	309	ANTONIO HERNÁNDEZ BARREIRO		VT4M- 2	00:48:30	00:04:51	00:47:59	00:04:48	C.D.EGOVARROS-VIVEIRO	LA CORUÑA	SI
237	266	JUAN CARLOS VAZQUEZ GOMEZ		VT2M- 66	00:48:30	00:04:51	00:48:15	00:04:50		A CORUÑA	NO
238	179	INDALECIO TEJEIRO MENDEZ		VT2M- 67	00:48:31	00:04:52	00:48:20	00:04:50	CLUB ATLETISMO SADA	CULLEREDO	SI
239	256	ALFONSO SÁNCHEZ GARCÍA		VT2M- 68	00:48:34	00:04:52	00:48:06	00:04:49		A CORUÑA	NO
240	267	JUAN GONZÁLEZ BLANCO		VT2M- 69	00:48:35	00:04:52	00:48:14	00:04:50		A CORUÑA	NO
241	298	JOSE LOPEZ ANEIROS		VT3M- 19	00:48:36	00:04:52	00:48:17	00:04:50		FERROL	NO

242	448	JOSÉ NICOLÁS MOREIRA BARBOZA		PSNM- 49	00:48:40	00:04:52	00:48:27	00:04:51		CAMBRE	NO
243	359	IRIA ALDAO PRADA	F- 20	VT1F- 7	00:48:42	00:04:53	00:48:31	00:04:52		A CORUÑA	NO
244	155	FRANCISCO GARCIA TEJIEIRO		VT1M- 85	00:48:42	00:04:53	00:48:31	00:04:52		CABAÑAS	NO
245	524	JOSE PUJALTE VIDAL		VT2M- 70	00:48:44	00:04:53	00:48:04	00:04:49		A CORUÑA	NO
246	163	RICARDO CALVO LÓPEZ		VT2M- 71	00:48:45	00:04:53	00:48:34	00:04:52	ATLETAS DE ACEA DE AMA	A CORUÑA	NO
247	476	GUSTAVO BARREIRO GÓMEZ		VT1M- 86	00:48:46	00:04:53	00:48:32	00:04:52		O MILLADOIRO	NO
248	114	ÓSCAR PATAO LAMEIRO		VT1M- 87	00:48:47	00:04:53	00:48:37	00:04:52		LA CORUÑA	NO
249	308	ANTONIO CABANA OROSA		VT4M- 3	00:48:47	00:04:53	00:48:43	00:04:53	C.D.EGOVARROS-VIVEIRO	FERROL	NO
250	707	JOSE GRELA RODRÍGUEZ		VT3M- 20	00:48:52	00:04:54	00:48:37	00:04:52		LA CORUÑA	NO
251	253	JOSE CARVALLO CAVERO		VT2M- 72	00:48:55	00:04:54	00:48:27	00:04:51		A CORUÑA	NO
252	221	DOMINGO MIGUEL ARIAS		VT2M- 73	00:48:56	00:04:54	00:48:36	00:04:52		CULLEREDO	NO
253	445	ELOY BRAVO CEREJIO		PSNM- 50	00:49:02	00:04:55	00:48:37	00:04:52		CULLEREDO	NO
254	297	JUAN CARLOS MENÉNDEZ DOMINGUEZ		VT3M- 21	00:49:04	00:04:55	00:48:59	00:04:54		ARTEIXO	NO
255	93	MIGUEL ANGEL LUCAS PARDO		VT1M- 88	00:49:06	00:04:55	00:48:38	00:04:52	POLLOS HERMANOS	VILABOA	NO
256	11	MANUEL IVAN TENREIRO RECOUSO		PSNM- 51	00:49:06	00:04:55	00:48:58	00:04:54	CLUB ATLETISMO SADA	MIÑO	NO
257	703	JUAN ALBERTO FERNANDEZ COUSILLAS		VT1M- 89	00:49:09	00:04:55	00:48:44	00:04:53		A CORUÑA	NO
258	277	FERMIN PAN OTERO		VT3M- 22	00:49:11	00:04:56	00:48:43	00:04:53	C.D.EGOVARROS-VIVEIRO	A CORUÑA	SI
259	8	JUAN RAMOS DIEZ		PSNM- 52	00:49:12	00:04:56	00:48:58	00:04:54	BEER RUNNERS CORUÑA	A CORUÑA	NO
260	326	ANA LUISA HERNÁNDEZ CABRERA	F- 21	VT1F- 8	00:49:13	00:04:56	00:48:25	00:04:51	AS VELLAS NON PARAMOS	BETANZOS	NO
261	242	IVÁN ROIBÁS BLANCO		VT2M- 74	00:49:17	00:04:56	00:48:56	00:04:54		EL TEMPLE - CAMBRE	NO
262	14	ADRIÁN LÓPEZ VILLAVERDE		PSNM- 53	00:49:18	00:04:56	00:48:52	00:04:54	DIGITAL RUNNERS	A CORUÑA	NO
263	487	ROBERTO PÉREZ PÉREZ		VT1M- 90	00:49:20	00:04:56	00:48:26	00:04:51		FERROL	NO
264	525	RICARDO RUBIO ALAMEDA		VT2M- 75	00:49:20	00:04:56	00:49:07	00:04:55		LA CORUÑA	NO
265	141	SERGIO ARES CHAO		VT1M- 91	00:49:22	00:04:57	00:48:43	00:04:53		A CORUÑA	NO
266	205	DANIEL CIUDAD CENDÁN		VT2M- 76	00:49:23	00:04:57	00:49:01	00:04:55	PATUKOS TIM RANIN	A CORUÑA	NO
267	508	IVÁN VÁZQUEZ CASTRO		VT1M- 92	00:49:24	00:04:57	00:49:05	00:04:55		VILARMAIOR	NO
268	507	JOSE LUIS PAZ CABADA		VT1M- 93	00:49:26	00:04:57	00:49:01	00:04:55		NARÓN	NO
269	285	JAVIER PEREIRA GONZÁLEZ		VT3M- 23	00:49:29	00:04:57	00:49:18	00:04:56	CLUB ATLETISMO SADA	OZA-CESURAS	SI
270	410	FRAN CORDERO RODRIGUEZ		PSNM- 54	00:49:34	00:04:58	00:49:09	00:04:55	PASA OU ENTORNA	NARÓN	NO
271	367	LINA GARCÍA PORTAS	F- 22	VT2F- 9	00:49:35	00:04:58	00:49:26	00:04:57	CLUB ATLETISMO SADA	SADA	SI
272	232	GONZALO LOPEZ MARTIN		VT2M- 77	00:49:36	00:04:58	00:49:36	00:04:58		A CORUÑA	NO
273	128	ISIDRO SANCHEZ GONZALEZ		VT1M- 94	00:49:39	00:04:58	00:48:49	00:04:53		MESOIRO	NO
274	50	JOSÉ LUIS GARCIA RODRIGUEZ		VT1M- 95	00:49:39	00:04:58	00:49:31	00:04:58	CLUB ATLETISMO SADA	FERROL	SI
275	532	TINO GARCIA FERREIRA		VT2M- 78	00:49:44	00:04:59	00:49:17	00:04:56		FERROL	NO
276	189	JAVIER BARRAL BARRAL		VT2M- 79	00:49:45	00:04:59	00:49:26	00:04:57	CLUB ATLETISMO SADA	BERGONDO	SI
277	137	ÓSCAR CARRACEDO REGUEIRA		VT1M- 96	00:49:47	00:04:59	00:49:13	00:04:56		ARTEIXO	NO
278	492	DAVID FERNANDEZ BLANCO		VT1M- 97	00:49:49	00:04:59	00:49:07	00:04:55		ZAS DE CARREIRA	NO
279	26	YAGO DOPAZO PENÍN		PSNM- 55	00:49:49	00:04:59	00:49:25	00:04:57		A CORUÑA	NO
280	506	DAVID GUTIÉRREZ DELGADO		VT1M- 98	00:49:54	00:05:00	00:49:34	00:04:58		FERROL	NO
281	318	ANA FERNANDEZ GARCIA	F- 23	PSNF- 5	00:49:54	00:05:00	00:49:30	00:04:57	TERMARIA RUNNING	FERROL	SI
282	269	JOSE IGNACIO SANCHEZ GARCIA		VT2M- 80	00:49:59	00:05:00	00:49:31	00:04:58		CULLEREDO	NO
283	455	JOSE MANUEL GARCIA PRADO		VT1M- 99	00:50:01	00:05:01	00:49:29	00:04:57	CLUB ATLETISMO BOIMORTO	ARTEIXO	SI
284	178	JESUS SANTAYA ARUFE		VT2M- 81	00:50:01	00:05:01	00:49:52	00:05:00	CLUB ATLETISMO SADA	CAMBRE	NO
285	180	JACINTO PARGA FERNANDEZ		VT2M- 82	00:50:02	00:05:01	00:49:55	00:05:00	CLUB ATLETISMO SADA	SADA	SI
286	613	MIRIAN RIPOLL PERNAS	F- 24	VT3F- 2	00:50:02	00:05:01	00:49:56	00:05:00	CLUB ATLETISMO SADA	A CORUÑA	SI
287	78	JOSÉ RAMÓN CASTELO TOBA		VT1M- 100	00:50:02	00:05:01	00:49:17	00:04:56	JR	ARTEIXO	NO
288	275	JAVIER LOPEZ MARTIN		VT3M- 24	00:50:03	00:05:01	00:49:30	00:04:57	ATLETISMO CLUB SOCIAL BANCO PASTOR	LA CORUÑA	NO
289	437	EMILIO GOMEZ LORENZO		PSNM- 56	00:50:03	00:05:01	00:49:40	00:04:58		ALBACETE	NO
290	271	ANTONIO MACEIRAS SUÁREZ		VT2M- 83	00:50:04	00:05:01	00:49:43	00:04:59		MONTROVE	NO

291	143	MARTÍN BRAIS CRESPO RODRIGUEZ		VT1M- 101	00:50:06	00:05:01	00:49:29	00:04:57		A CORUÑA	NO
292	145	FRANCISCO JOSÉ ROCHA GARCÍA		VT1M- 102	00:50:11	00:05:02	00:49:22	00:04:57		OZA DOS RIOS	NO
293	625	JULIA BALLESTEROS LANDAZURI	F- 25	VT2F- 10	00:50:12	00:05:02	00:49:56	00:05:00	TRIEUME AS PONTES	AS PONTES	NO
294	187	PABLO ALVAREZ SOAZ		VT2M- 84	00:50:13	00:05:02	00:50:03	00:05:01	CLUB ATLETISMO SADA	SADA	SI
295	702	ABELARDO VÁZQUEZ GARCÍA		VT1M- 103	00:50:14	00:05:02	00:49:37	00:04:58		COIRÓS	NO
296	477	MARCOS VILLANUEVA SÁNCHEZ		VT1M- 104	00:50:16	00:05:02	00:49:35	00:04:58		SADA	NO
297	249	RAUL VILLA CARO		VT2M- 85	00:50:19	00:05:02	00:50:13	00:05:02		LUGO	NO
298	300	FERNANDO RODRIGUEZ VAZQUEZ		VT3M- 25	00:50:19	00:05:02	00:50:05	00:05:01		ARANGA	NO
299	485	CARLOS GARCIA CARBALLO		VT1M- 105	00:50:22	00:05:03	00:49:56	00:05:00		A CORUÑA	NO
300	417	ALBERTO AMADOR NEIRA		PSNM- 57	00:50:22	00:05:03	00:49:49	00:04:59		FERROL	NO
301	556	ANA VARELA MOSTEIRO	F- 26	PSNF- 6	00:50:25	00:05:03	00:50:13	00:05:02	CLUB ATLETISMO SADA	A CORUÑA	SI
302	332	RAQUEL ARMESTO PINEDO	F- 27	VT1F- 9	00:50:25	00:05:03	00:50:14	00:05:02	CLUB ATLETISMO SADA	OLEIROS	SI
303	619	EDELMIRO FERNANDEZ FERNANDEZ		VT2M- 86	00:50:25	00:05:03	00:50:01	00:05:01	CLUB ATLETISMO SADA	SADA	NO
304	262	JOSE ANGEL LORENZO RIVEIRO		VT2M- 87	00:50:27	00:05:03	00:50:14	00:05:02		CULLEREDO	NO
305	237	MANU RODRIGUEZ SUAREZ		VT2M- 88	00:50:28	00:05:03	00:50:06	00:05:01		CAMBRE	NO
306	69	GELASIO RIOTORTO VARELA		VT1M- 106	00:50:29	00:05:03	00:50:04	00:05:01	CLUB ATLETISMO SADA	SADA	NO
307	138	VICTOR MANUEL ALVAREZ TABOADA		VT1M- 107	00:50:33	00:05:04	00:50:16	00:05:02		A CORUÑA	NO
308	172	FEDERICO ROMERO YUSTE		VT2M- 89	00:50:35	00:05:04	00:50:19	00:05:02	CLUB ATLETISMO SADA	A CORUÑA	NO
309	422	MIGUEL MATO OUTEIRO		PSNM- 58	00:50:37	00:05:04	00:50:12	00:05:02		A CORUÑA	NO
310	488	ENRIQUE VESTEIRO RIVAS		VT1M- 108	00:50:41	00:05:05	00:50:25	00:05:03		A CORUÑA	NO
311	560	OLALLA FERNANDEZ RIVAS	F- 28	PSNF- 7	00:50:42	00:05:05	00:50:26	00:05:03		MONDOÑEDO	SI
312	423	SANTIAGO TEIJO VARELA		PSNM- 59	00:50:45	00:05:05	00:50:26	00:05:03		BETANZOS	NO
313	571	SEILA BLANCO VARELA	F- 29	VT1F- 10	00:50:48	00:05:05	00:50:39	00:05:04	ADN RUNNERS-TELMO PELUQUEROS F.C.	MIÑO	NO
314	329	MARÍA BEGOÑA CAJADE BLANCO	F- 30	VT1F- 11	00:50:56	00:05:06	00:50:08	00:05:01	C.A.I A ESTRADA	A ESTRADA	SI
315	166	IVAN FOLLA-CISNEROS VIDAL		VT2M- 90	00:51:03	00:05:07	00:50:33	00:05:04	BEER RUNNERS CORUÑA	A CORUÑA	NO
316	265	JORGE GONZÁLEZ RODRÍGUEZ		VT2M- 91	00:51:06	00:05:07	00:50:50	00:05:05		A CORUÑA	NO
317	365	ANA ISABEL LAGO LÓPEZ	F- 31	VT2F- 11	00:51:07	00:05:07	00:50:40	00:05:04	ATLETAS DE ACEA DE AMA	A CORUÑA	NO
318	473	DAVID BALADO BASTIDA		VT1M- 109	00:51:08	00:05:07	00:50:36	00:05:04		PADERNE	NO
319	226	FERNANDO SANDÁ MACHO		VT2M- 92	00:51:09	00:05:07	00:50:48	00:05:05		MONDEGO - SADA	NO
320	235	EMILIO ALCALA ZAMORA CANEL		VT2M- 93	00:51:12	00:05:08	00:50:29	00:05:03		A CORUNA	NO
321	371	ANGELES CASTRO FERNANDEZ	F- 32	VT2F- 12	00:51:18	00:05:08	00:51:11	00:05:08	CLUB ATLETISMO SADA	A CORUÑA	NO
322	426	LUIS SERRANO NEIRA		PSNM- 60	00:51:19	00:05:08	00:50:58	00:05:06		BETANZOS	NO
323	27	EDUARDO FERNANDEZ COLLAZO		PSNM- 61	00:51:20	00:05:08	00:50:59	00:05:06		A CORUÑA	NO
324	106	JAIIME LÓPEZ CAINZOS		VT1M- 110	00:51:21	00:05:09	00:51:01	00:05:07		A CORUÑA	NO
325	170	FRANCISCO DUARTE VAZQUEZ		VT2M- 94	00:51:25	00:05:09	00:50:49	00:05:05	CLUB ATLETISMO BOIMORTO	A CORUÑA	SI
326	536	JOSÉ MANUEL SÁNCHEZ AMBOAGE		VT2M- 95	00:51:28	00:05:09	00:51:13	00:05:08		OKEIROS	NO
327	152	ALBERTO MOREIRAS LORENZO		VT1M- 111	00:51:29	00:05:09	00:50:47	00:05:05		ARTEIXO	NO
328	121	VÍCTOR MANUEL LEDO LEMA		VT1M- 112	00:51:33	00:05:10	00:50:59	00:05:06		LA CORUÑA	NO
329	108	ANGEL MANUEL MIGUENS VAZQUEZ		VT1M- 113	00:51:34	00:05:10	00:51:22	00:05:09		A CORUÑA	NO
330	429	ESTEBAN CANLE FERNANDEZ		PSNM- 62	00:51:36	00:05:10	00:51:09	00:05:07		SADA	NO
331	387	ARACELI VEIGA BERMEJO	F- 33	VT3F- 3	00:51:39	00:05:10	00:51:11	00:05:08		A CORUÑA	NO
332	228	XOSÉ MANUEL CAMBÓN ARCEO		VT2M- 96	00:51:40	00:05:10	00:51:29	00:05:09		A CORUÑA	NO
333	110	IVÁN MANUEL CARMONA MIRANDA		VT1M- 114	00:51:43	00:05:11	00:51:29	00:05:09		A CORUÑA	NO
334	343	ROSA MARÍA MACEIRAS SEOANE	F- 34	VT1F- 12	00:51:46	00:05:11	00:51:29	00:05:09	RUNNING ARTEIXO	ARTEIXO	NO
335	158	FERNANDO VAZQUEZ MARTINEZ		VT2M- 97	00:51:49	00:05:11	00:51:05	00:05:07	AFICIONADO	MEICENDE	NO
336	272	ARTURO RABUÑAL VAZQUEZ		VT3M- 26	00:51:49	00:05:11	00:51:06	00:05:07	AFICIONADO	MEICENDE	NO
337	94	SERGIO CALVO		VT1M- 115	00:51:52	00:05:12	00:51:18	00:05:08	RANNASS	CORUÑA	NO
338	539	MIGUEL VAZQUEZ PRECEDO		VT2M- 98	00:51:53	00:05:12	00:51:06	00:05:07		A CORUÑA	NO
339	289	JOSE LUIS PENALTA DATORRE		VT3M- 27	00:51:54	00:05:12	00:51:33	00:05:10	MIXMASTER RUNNING	EL TEMPLE -CAMBRE	NO

340	621	JAVIER GARCIA PEREZ		VT1M- 116	00:51:55	00:05:12	00:51:37	00:05:10		A CORUÑA	NO
341	302	LOLO CALVIÑO BUGUEIRO		VT3M- 28	00:51:55	00:05:12	00:51:13	00:05:08		BERGONDO	NO
342	304	MANUEL JAVIER MUÑIZ SEIJAS		VT3M- 29	00:51:57	00:05:12	00:51:30	00:05:09		A CORUÑA	NO
343	554	ISABEL REIMUNDEZ SUAREZ	F- 35	PSNF- 8	00:51:57	00:05:12	00:51:40	00:05:10	CLUB ATLETISMO SADA	SADA	SI
344	457	BENITO PORTELA FERNANDEZ		VT1M- 117	00:51:59	00:05:12	00:51:45	00:05:11	CLUB ATLETISMO SADA	SADA	NO
345	513	FERNANDO ARNAIZ RUBIO		VT2M- 99	00:51:59	00:05:12	00:51:42	00:05:11	CLUB ATLETISMO SADA	OLEIROS	NO
346	391	SILVIA SÁNCHEZ BASCOY	F- 36	VT3F- 4	00:52:12	00:05:14	00:52:02	00:05:13		A CORUÑA	NO
347	380	PURY CAMPOS	F- 37	VT2F- 13	00:52:13	00:05:14	00:51:49	00:05:11		A CORUÑA	NO
348	336	LUCIA VARELA MARTÍNEZ	F- 38	VT1F- 13	00:52:18	00:05:14	00:52:07	00:05:13	CLUB ATLETISMO SADA	SADA	NO
349	529	MANUEL JUAN BLANCO GABIN		VT2M- 100	00:52:19	00:05:14	00:51:42	00:05:11		BETANZOS	NO
350	526	CARLOS DIAZ-PACHE MACKINLAY		VT2M- 101	00:52:22	00:05:15	00:52:10	00:05:13		FERROL	NO
351	323	LAURA AGUILERA QUINTEROS	F- 39	PSNF- 9	00:52:26	00:05:15	00:51:40	00:05:10		A CORUÑA	NO
352	484	GONZALO RODRÍGUEZ BARCÓN		VT1M- 118	00:52:26	00:05:15	00:51:47	00:05:11		SADA	NO
353	534	MANUEL NAVEIRA FACHAL		VT2M- 102	00:52:27	00:05:15	00:51:42	00:05:11		LORBE	NO
354	505	JORGE CHACON SOUTO		VT1M- 119	00:52:34	00:05:16	00:51:58	00:05:12		A CORUÑA	NO
355	701	ANGEL POMBO CASTRO		VT1M- 120	00:52:37	00:05:16	00:52:13	00:05:14		SADA	NO
356	385	ROSA SIERRA PALMEIRO	F- 40	VT3F- 5	00:52:39	00:05:16	00:52:31	00:05:16	CLUB ATLETISMO SADA	MIÑO	SI
357	533	PABLO VAL GUERREIRO		VT2M- 103	00:52:44	00:05:17	00:52:34	00:05:16		FERROL	NO
358	330	INES IGLESIAS FRAGA	F- 41	VT1F- 14	00:52:45	00:05:17	00:52:33	00:05:16	CLUB ATLETISMO SADA	SADA	SI
359	706	MIGUEL ANGEL GONZALEZ ROCA		VT3M- 30	00:52:46	00:05:17	00:52:06	00:05:13		A CORUÑA	NO
360	1	SOFIA TORO	F- 42	PSNF- 10	00:52:50	00:05:17	00:52:30	00:05:15		A CORUÑA	NO
361	131	IAGO GONZALEZ FERMOSE		VT1M- 121	00:52:53	00:05:18	00:52:17	00:05:14		A CORUÑA	NO
362	465	ANGEL MALLO VELO		VT1M- 122	00:53:14	00:05:20	00:52:39	00:05:16	IGAROBIKES RACING TEAM	ARTEIXO	NO
363	349	ANA BLANCO LOPEZ	F- 43	VT1F- 15	00:53:16	00:05:20	00:52:45	00:05:17		OLEIROS	NO
364	338	MARIA BLAS CORRAL	F- 44	VT1F- 16	00:53:21	00:05:21	00:53:08	00:05:19	CLUB ATLETISMO SADA	SADA	NO
365	156	DAVID SANCHEZ ALVAREZ		VT1M- 123	00:53:22	00:05:21	00:52:46	00:05:17		ARTEIXO	NO
366	320	ARACELI MARTÍN MARIÑO	F- 45	PSNF- 11	00:53:32	00:05:22	00:53:14	00:05:20		ARTEIXO	NO
367	372	MARCELA PARGA FERNÁNDEZ	F- 46	VT2F- 14	00:53:35	00:05:22	00:53:10	00:05:19	CLUB ATLETISMO SADA	SADA	SI
368	198	LEANDRO RIVEIRO CANEDO		VT2M- 104	00:53:39	00:05:22	00:53:10	00:05:19	GACELAS	A CORUÑA	NO
369	243	JOSÉ LUIS FERNÁNDEZ TRISAC		VT2M- 105	00:53:39	00:05:22	00:53:10	00:05:19		A CORUÑA	NO
370	224	JESÚS DEL POZO LOSADA		VT2M- 106	00:53:39	00:05:22	00:53:10	00:05:19		A CORUÑA	NO
371	222	FRANCISCO JAVIER ALVAREZ BARBEITO		VT2M- 107	00:53:39	00:05:22	00:53:10	00:05:19		A CORUÑA	NO
372	233	AVELINO DOPAZO PONTE		VT2M- 108	00:53:45	00:05:23	00:53:23	00:05:21		SADA	NO
373	540	FRANCISCO JULIÁN RODRÍGUEZ BABÍO		VT2M- 109	00:53:47	00:05:23	00:53:13	00:05:20		BETANZOS	NO
374	441	RAMON PRESAS LOIS		PSNM- 63	00:53:48	00:05:23	00:53:22	00:05:21		A CORUÑA	NO
375	219	JOSE RODRIGUEZ DOMINGUEZ		VT2M- 110	00:53:50	00:05:23	00:53:01	00:05:19		BETANZOS	NO
376	486	JOSÉ MANUEL BAAMONDE MANTEIGA		VT1M- 124	00:53:52	00:05:24	00:53:18	00:05:20		ABEGONDO	NO
377	452	FRANCISCO JAVIER VEIGA GONZALEZ		VT1M- 125	00:53:54	00:05:24	00:53:06	00:05:19	AS VELLAS NON PARAMOS	BETANZOS	NO
378	559	ALEJANDRA RODRÍGUEZ OSORIO	F- 47	PSNF- 12	00:53:54	00:05:24	00:53:09	00:05:19	VELLAS BETANZOS	BETANZOS	NO
379	478	FERNANDO BARALLOBRE VEIGA		VT1M- 126	00:54:10	00:05:25	00:53:38	00:05:22		BETANZOS	NO
380	20	JAVIER CRUZ VÁZQUEZ		PSNM- 64	00:54:14	00:05:26	00:53:52	00:05:24		OLEIROS	NO
381	566	NATALIA GARCIA FERNANDEZ	F- 48	PSNF- 13	00:54:15	00:05:26	00:53:53	00:05:24		OLEIROS	NO
382	139	JUAN ALVAREZ RODRÍGUEZ		VT1M- 127	00:54:15	00:05:26	00:53:54	00:05:24		CORUÑA	NO
383	497	ÓSCAR CEIDE GUERRA		VT1M- 128	00:54:15	00:05:26	00:53:32	00:05:22		SADA	NO
384	151	SERGIO RODRIGUEZ RODRIGUEZ		VT1M- 129	00:54:15	00:05:26	00:53:42	00:05:23		LUBRE - BERGONDO	NO
385	39	IVÁN NOGUEROL DIZ		PSNM- 65	00:54:19	00:05:26	00:53:56	00:05:24		OZA-CESURAS	NO
386	167	YUMAN LOUZAO MELLA		VT2M- 111	00:54:22	00:05:27	00:53:50	00:05:23	BEER RUNNERS CORUÑA	A CORUÑA	NO
387	348	BEATRIZ SAAVEDRA CARRO	F- 49	VT1F- 17	00:54:28	00:05:27	00:54:05	00:05:25		A CORUÑA	NO
388	286	ANDRÉS GONZÁLEZ GARCÍA		VT3M- 31	00:54:30	00:05:27	00:54:14	00:05:26	CLUB CASTRO DE LOBADIZ	FERROL	NO

389	537	CARLOS LÓPEZ VILARIÑO		VT2M- 112	00:54:32	00:05:28	00:53:38	00:05:22		FERROL	NO
390	523	ALEJANDRO DOMÍNGUEZ GUIMARAENS		VT2M- 113	00:54:36	00:05:28	00:53:50	00:05:23		LA CORUÑA	NO
391	234	ROBERTO FIGUEROA SUÁREZ		VT2M- 114	00:54:39	00:05:28	00:53:49	00:05:23		ARTEIXO	NO
392	444	MARTÍN NAVEIRA		PSNM- 66	00:54:39	00:05:28	00:53:51	00:05:24		BETANZOS	NO
393	585	CLAUDIA PEREYRA	F- 50	VT1F- 18	00:54:39	00:05:28	00:53:49	00:05:23		A CORUÑA	NO
394	240	JOSE ANTONIO VILLAMISAR VARELA		VT2M- 115	00:54:39	00:05:28	00:53:56	00:05:24		EL TEMPLE (CAMBRE)	NO
395	146	FRAN SANTOS TARRIO		VT1M- 130	00:54:50	00:05:29	00:54:20	00:05:26		VEIGUE-SADA	NO
396	351	TANIA MARTÍNEZ RAMILO	F- 51	VT1F- 19	00:54:52	00:05:30	00:54:21	00:05:27		MIÑO	NO
397	340	CAROLINA PAPIN ESTEVEZ	F- 52	VT1F- 20	00:54:55	00:05:30	00:54:30	00:05:27	CLUB ATLETISMO SADA	CARRAL	NO
398	582	LIZA CABALLERO	F- 53	VT1F- 21	00:55:06	00:05:31	00:54:27	00:05:27	NORINVER	PONTEDEUME	NO
399	374	CATALINA SANTOS CARRO	F- 54	VT2F- 15	00:55:06	00:05:31	00:54:49	00:05:29	LA MOCHILA DEL DEPORTE	A CORUÑA	SI
400	112	VICTOR BAUTISTA HERNANDEZ		VT1M- 131	00:55:10	00:05:31	00:54:52	00:05:30		A CORUÑA	NO
401	565	PALOMA ALDIR GARCÍA	F- 55	PSNF- 14	00:55:20	00:05:32	00:54:43	00:05:29		A CORUÑA	NO
402	458	FRANCISCO RODEIRO		VT1M- 132	00:55:21	00:05:33	00:54:50	00:05:29	CLUB ATLETISMO SADA	SADA	NO
403	230	ALEJANDRO CAÑADA MUÑOZ		VT2M- 116	00:55:27	00:05:33	00:54:55	00:05:30		A CORUÑA	NO
404	274	MIGUEL ANGEL GONZALEZ TALAVERO		VT3M- 32	00:55:30	00:05:33	00:55:11	00:05:32	ATLETAS DE ACEA DE AMA	LA CORUÑA	NO
405	389	SORAYA ALVIAEZ MILANO	F- 56	VT3F- 6	00:55:32	00:05:34	00:54:52	00:05:30		CULLEREDO	NO
406	386	TERESA GALMAN SOUTO	F- 57	VT3F- 7	00:55:36	00:05:34	00:55:23	00:05:33	CLUB ATLETISMO SADA	SADA	NO
407	218	JUAN TROBAJO DE LAS MATAS		VT2M- 117	00:55:37	00:05:34	00:54:43	00:05:29		OLEIROS	NO
408	594	VANESSA GONZALEZ VILARIÑO	F- 58	VT1F- 22	00:55:37	00:05:34	00:54:44	00:05:29		A CORUÑA	NO
409	55	MONTSE FERNANDEZ RAMOS	F- 59	VT2F- 16	00:55:37	00:05:34	00:55:23	00:05:33	CLUB ATLETISMO SADA	SADA	SI
410	598	MONICA VEIGA GOMEZ	F- 60	VT1F- 23	00:55:47	00:05:35	00:55:14	00:05:32		FERROL	NO
411	382	BEATRIZ BENITO BAÑUELOS	F- 61	VT2F- 17	00:55:55	00:05:36	00:55:30	00:05:33		A CORUÑA	NO
412	306	JOSE ANTONIO BOCELO PRIETO		VT3M- 33	00:55:58	00:05:36	00:55:15	00:05:32		O TEMPLE	NO
413	238	MANU MUIÑO MIRÓN		VT2M- 118	00:55:59	00:05:36	00:55:34	00:05:34		A CORUÑA	NO
414	123	FRANCISCO GUILLÁN GARCÍA		VT1M- 133	00:56:07	00:05:37	00:55:30	00:05:33		A CORUÑA	NO
415	442	JAVI POMBAR GUILLAN		PSNM- 67	00:56:07	00:05:37	00:55:30	00:05:33		A CORUÑA	NO
416	331	ANGELES AMOR GARCIA	F- 62	VT1F- 24	00:56:08	00:05:37	00:55:56	00:05:36	CLUB ATLETISMO SADA	SADA	NO
417	544	ENRIQUE FERNANDEZ ROSADO		VT2M- 119	00:56:08	00:05:37	00:55:24	00:05:33		SADA	NO
418	512	EMILIO FIUZA TRILLO		VT2M- 120	00:56:17	00:05:38	00:55:40	00:05:34	CD GAS NATURAL FENOSA	A CORUÑA	NO
419	542	MIGUEL FERRERO		VT2M- 121	00:56:21	00:05:39	00:55:36	00:05:34		A CORUÑA	NO
420	551	FERNANDO GARCÍA PAZOS		VT3M- 34	00:56:33	00:05:40	00:55:48	00:05:35		A CORUÑA	NO
421	596	IRIA LOUZAN LEMA	F- 63	VT1F- 25	00:56:36	00:05:40	00:56:24	00:05:39		SADA	NO
422	355	MARIA MANTIÑAN PAREDES	F- 64	VT1F- 26	00:56:38	00:05:40	00:56:09	00:05:37		A CORUÑA	NO
423	1904	BERNARDO TORRENTE FERNÁNDEZ		VT1M- 134	00:56:39	00:05:40	00:55:56	00:05:36		NEDA	NO
424	125	MANUEL LÓPEZ PETINAL		VT1M- 135	00:56:41	00:05:41	00:56:03	00:05:37		A CORUÑA	NO
425	627	ROCIO PIERINA GOMEZ CALLE	F- 65	PSNF- 15	00:56:42	00:05:41	00:55:56	00:05:36		A CORUÑA	NO
426	516	RAMÓN ANDRÉS ACEBRÁS BARCIA		VT2M- 122	00:56:42	00:05:41	00:56:17	00:05:38	CLUB ATLETISMO SADA	PERILLO (SANTA LEOCADIA)	NO
427	535	ALBERTO BALLON LAGE		VT2M- 123	00:56:50	00:05:41	00:56:21	00:05:39		A CORUÑA	NO
428	281	ANTONIO FRANCO RUIZ		VT3M- 35	00:56:54	00:05:42	00:56:15	00:05:38	CLUB ATLETISMO SADA	OLEIROS	SI
429	346	MARIA PARDO LEIS	F- 66	VT1F- 27	00:56:54	00:05:42	00:56:33	00:05:40		ARTEIXO	NO
430	334	ELENA PEREIRA BERNARDEZ	F- 67	VT1F- 28	00:56:55	00:05:42	00:56:15	00:05:38	CLUB ATLETISMO SADA	OLEIROS	NO
431	333	CRISTINA DOPAZO REINO	F- 68	VT1F- 29	00:56:55	00:05:42	00:56:39	00:05:40	CLUB ATLETISMO SADA	SADA	NO
432	453	MARTIN NEIRA FERNANDEZ		VT1M- 136	00:57:03	00:05:43	00:56:40	00:05:40	CANTARRANA TEAM	SADA	NO
433	194	CARLOS QUINTAS		VT2M- 124	00:57:07	00:05:43	00:56:16	00:05:38	CSC	A CORUÑA	NO
434	586	MARIA RILO REGUEIRO	F- 69	VT1F- 30	00:57:11	00:05:44	00:56:48	00:05:41		BERGONDO	NO
435	558	REBECA DE UÑA FERNÁNDEZ	F- 70	PSNF- 16	00:57:12	00:05:44	00:56:44	00:05:41	REBECA	ABEGONDO	NO
436	475	JESUS CEBREIROS GONZALEZ		VT1M- 137	00:57:12	00:05:44	00:56:49	00:05:41		BERGONDO	NO
437	30	MIGUEL RODRÍGUEZ BOUZA		PSNM- 68	00:57:12	00:05:44	00:56:19	00:05:38		MUGARDOS	NO

438	427	RODRIGO CAJAMARCA		PSNM- 69	00:57:19	00:05:44	00:57:07	00:05:43		FERROL	NO
439	616	SERGIO VISPO CAYON		VT1M- 138	00:57:23	00:05:45	00:56:34	00:05:40		BURELA	NO
440	120	JOSE ANGEL TEIJO LOPEZ		VT1M- 139	00:57:25	00:05:45	00:56:36	00:05:40		BETANZOS	NO
441	268	JORGE CRIADO PRIETO		VT2M- 125	00:57:31	00:05:46	00:56:48	00:05:41		FERROL	NO
442	345	TERESA LÓPEZ DE LA VEGA	F- 71	VT1F- 31	00:57:31	00:05:46	00:56:52	00:05:42		FERROL	NO
443	307	MANUEL GARCÍA GARCÍA		VT4M- 4	00:57:43	00:05:47	00:57:14	00:05:44		A CORUÑA	NO
444	553	JOSÉ PANTÍN LÓPEZ		VT4M- 5	00:57:46	00:05:47	00:57:15	00:05:44		NARÓN	NO
445	342	CRISTINA LÓPEZ MORÁN	F- 72	VT1F- 32	00:57:46	00:05:47	00:56:55	00:05:42	NOSPORTLIMIT	ALMEIRAS-CULLEREDO	NO
446	1901	OSCAR CIUDAD CENDAN		VT1M- 140	00:57:48	00:05:47	00:57:01	00:05:43	PATUKOS TIM RANIN	O BURGO, CULLEREDO	NO
447	545	JUAN CARLOS GONZÁLEZ REGUEIRO		VT2M- 126	00:57:50	00:05:47	00:57:15	00:05:44		FERROL	NO
448	588	ALEJANDRA BLANCO LOPEZ	F- 73	VT1F- 33	00:57:51	00:05:48	00:57:15	00:05:44		NARON	NO
449	7	ANDRÉS PANDELO TORRES		PSNM- 70	00:57:57	00:05:48	00:57:08	00:05:43	AS VELLAS NON PARAMOS	BETANZOS	NO
450	354	CATUXA TORRES VIGO	F- 74	VT1F- 34	00:58:16	00:05:50	00:57:45	00:05:47		A CORUÑA	NO
451	261	FRANCISCO JAVIER RODRIGUEZ CONDE		VT2M- 127	00:58:16	00:05:50	00:57:46	00:05:47		A CORUÑA	NO
452	315	SANDRA LEMA OZÓN	F- 75	PSNF- 17	00:58:20	00:05:50	00:57:42	00:05:47	A.D. JARNACHAS	ARTEIXO	NO
453	600	LUCIA LOPEZ PALMEIRO	F- 76	VT2F- 18	00:58:25	00:05:51	00:58:18	00:05:50	CLUB ATLETISMO SADA	CAMBRE	NO
454	574	BEGOÑA CAGIAO FERNÁNDEZ	F- 77	VT1F- 35	00:58:26	00:05:51	00:57:39	00:05:46	AS VELLAS NON PARAMOS	BETANZOS	NO
455	115	JAVIER BANDÍN MARENTES		VT1M- 141	00:58:32	00:05:52	00:57:48	00:05:47		A CORUÑA	NO
456	379	MARIÁN JUÁREZ PÉREZ	F- 78	VT2F- 19	00:58:32	00:05:52	00:57:48	00:05:47		A CORUÑA	NO
457	364	CRISTINA SANCHEZ LOPEZ	F- 79	VT2F- 20	00:58:36	00:05:52	00:57:57	00:05:48	A.D DOWNHILL	A LARACHA	NO
458	561	FÁTIMA FREIRE CASTRO	F- 80	PSNF- 18	00:58:38	00:05:52	00:58:02	00:05:49		A CORUÑA	NO
459	322	MARTA VIÑA RICO	F- 81	PSNF- 19	00:58:46	00:05:53	00:58:15	00:05:50		A CORUÑA	NO
460	564	LAURA FELISA LOPEZ LOPEZ	F- 82	PSNF- 20	00:59:01	00:05:55	00:58:19	00:05:50		A CORUÑA	NO
461	606	MARÍA TERESA SUÁREZ LOSADA	F- 83	VT2F- 21	00:59:05	00:05:55	00:58:24	00:05:51	CLUB ATLETISMO SADA	PERILLO (SANTA LEOCADIA)	NO
462	474	JESÚS GARCÍA PONCET		VT1M- 142	00:59:06	00:05:55	00:58:21	00:05:51		A CORUÑA	NO
463	555	SABELA BOUTUREIRA FERNÁNDEZ	F- 84	PSNF- 21	00:59:06	00:05:55	00:58:29	00:05:51	CLUB ATLETISMO SADA	SADA	NO
464	257	JOSE LUIS MARTINEZ PAJON		VT2M- 128	00:59:06	00:05:55	00:58:18	00:05:50		OLEIROS	NO
465	704	JORGE JUAN TABOADA VÁZQUEZ		VT1M- 143	00:59:08	00:05:55	00:58:19	00:05:50		OLEIROS	NO
466	1903	ANDRES PRIETO		VT2M- 129	00:59:11	00:05:56	00:58:24	00:05:51	ADFOGAR	MERA-OLEIROS	NO
467	344	MARISA RUA PRIETO	F- 85	VT1F- 36	00:59:13	00:05:56	00:58:52	00:05:54	TRISADA	SADA	SI
468	390	VERÓNICA FEÁS SAAVEDRA	F- 86	VT3F- 8	00:59:21	00:05:57	00:58:38	00:05:52		A CORUÑA	NO
469	347	CRISTINA FERREIRO MUÑIZ	F- 87	VT1F- 37	00:59:27	00:05:57	00:59:06	00:05:55		A CORUÑA	NO
470	358	DORIS CAROLINA ESCALONA ESCALONA	F- 88	VT1F- 38	00:59:28	00:05:57	00:58:37	00:05:52		A CORUÑA	NO
471	324	VANESA FELPETO BABÍO	F- 89	PSNF- 22	00:59:37	00:05:58	00:59:04	00:05:55		SADA	NO
472	370	BEGOÑA MANTEIGA	F- 90	VT2F- 22	00:59:47	00:05:59	00:59:06	00:05:55	CLUB ATLETISMO SADA	CAMBRE	NO
473	431	MARTIN RIVERO DIAZ		PSNM- 71	00:59:54	00:06:00	00:59:40	00:05:58		SADA	NO
474	321	PATRICIA GONZÁLEZ OLMEDO	F- 91	PSNF- 23	00:59:55	00:06:00	00:59:29	00:05:57		A CORUÑA	NO
475	241	LUCIANO PARDO FERNANDEZ		VT2M- 130	00:59:57	00:06:00	00:59:07	00:05:55		CULLEREDO	NO
476	511	MANUEL LESTON LOPEZ		VT2M- 131	01:00:03	00:06:01	00:59:39	00:05:58	CATALARRANA TEAM	SADA	NO
477	38	ALVARO XOSÉ CARREIRA MANSO		PSNM- 72	01:00:07	00:06:01	00:59:34	00:05:58		CULLEREDO	NO
478	357	VANESSA VELO PICALLO	F- 92	VT1F- 39	01:00:07	00:06:01	00:59:35	00:05:58		A CORUÑA	NO
479	584	SONIA ENNES FERNANDEZ	F- 93	VT1F- 40	01:00:08	00:06:01	00:59:41	00:05:59		A CORUÑA	NO
480	352	BELÉN FERREIRO GAREA	F- 94	VT1F- 41	01:00:10	00:06:01	00:59:37	00:05:58		A CORUÑA	NO
481	384	BEGOÑA DE ARRIBA BELLOGIN	F- 95	VT3F- 9	01:00:19	00:06:02	00:59:54	00:06:00	C.D.EGOVARROS-VIVEIRO	OLEIROS	SI
482	327	LUCIA LENDOIRO REGUEIRO	F- 96	VT1F- 42	01:00:19	00:06:02	00:59:33	00:05:58	AS VELLAS NON PARAMOS	BETANZOS	NO
483	451	RAMIRO MACEIRAS VARELA		VT1M- 144	01:00:20	00:06:02	00:59:31	00:05:58	AS VELLAS NON PARAMOS	BETANZOS	NO
484	60	FELIPE LÓPEZ PÉREZ		VT2M- 132	01:00:30	00:06:03	00:59:50	00:05:59	CLUB ATLETISMO SADA	DEXO - OLEIROS	SI
485	610	ANGELES FERREÑO RAMA	F- 97	VT2F- 23	01:00:50	00:06:05	01:00:41	00:06:05		CULLEREDO	NO
486	602	CARMEN AMÉRICA GÓMEZ PUENTE	F- 98	VT2F- 24	01:00:52	00:06:06	01:00:11	00:06:02	CLUB ATLETISMO SADA	A CORUÑA	SI

487	282	JULIO ESCALANTE DIEGO		VT3M- 36	01:00:52	00:06:06	01:00:12	00:06:02	CLUB ATLETISMO SADA	BERGONDO	SI
488	136	MANUEL LÓPEZ CASCALLAR		VT1M- 145	01:01:01	00:06:07	01:00:39	00:06:04		A CORUÑA	NO
489	362	PATRICIA CASTRO VILA	F- 99	VT1F- 43	01:01:02	00:06:07	01:00:39	00:06:04		A CORUÑA	NO
490	328	M.CRUIZ RODRIGUEZ SUAREZ	F- 100	VT1F- 44	01:01:03	00:06:07	01:00:44	00:06:05	ATLETAS DE ACEA DE AMA	A CORUÑA	NO
491	612	ESTHER MARTÍNEZ	F- 101	VT3F- 10	01:01:06	00:06:07	01:00:25	00:06:03	CLUB ATLETISMO SADA	SADA	SI
492	312	ANTONIO CIUDAD PEREIRA		VT4M- 6	01:01:17	00:06:08	01:00:30	00:06:03	PATUKOS TIM RANIN	A CORUÑA	NO
493	589	ICIAR NOVO FERNÁNDEZ	F- 102	VT1F- 45	01:01:23	00:06:09	01:00:32	00:06:04		RIBADAVIA	NO
494	470	RODRIGO DIAZ GOMEZ		VT1M- 146	01:01:23	00:06:09	01:00:33	00:06:04	RUNNING OLEIROS	OLEIROS	NO
495	248	NACHO CRESPO LOPEZ		VT2M- 133	01:01:23	00:06:09	01:00:32	00:06:04		OLEIROS	NO
496	195	NACHO MONTENEGRO REY		VT2M- 134	01:01:44	00:06:11	01:01:13	00:06:08	CTC1966	EL TEMPLE (CAMBRE)	NO
497	579	EVA LIQUETE PÉREZ	F- 103	VT1F- 46	01:02:17	00:06:14	01:01:40	00:06:10	CLUB ATLETISMO SADA	SADA	NO
498	593	SONIA MOLERO ESTRELLA	F- 104	VT1F- 47	01:02:17	00:06:14	01:01:41	00:06:11		SADA	NO
499	381	LUPE ÁLVAREZ REBOLO	F- 105	VT2F- 25	01:02:25	00:06:15	01:02:20	00:06:14		LUGO	NO
500	597	NIDIA GONZALEZ	F- 106	VT1F- 48	01:03:34	00:06:22	01:02:53	00:06:18		A CORUÑA	NO
501	368	DOLORES PAZOS MALLO	F- 107	VT2F- 26	01:03:37	00:06:22	01:02:45	00:06:17	CLUB ATLETISMO SADA	SADA - LA CORUÑA	SI
502	614	MELY MEIJIDE MARTINEZ	F- 108	VT3F- 11	01:03:37	00:06:22	01:02:56	00:06:18	CLUB ATLETISMO SADA	OLEIROS	NO
503	313	VERO CURES RODRIGUEZ	F- 109	PSNF- 24	01:03:39	00:06:22	01:03:00	00:06:18	A.D DOWNHILL	CABANA DE BERGANTIÑOS	NO
504	563	LAURA MABEL MEZA CABAÑAS	F- 110	PSNF- 25	01:03:41	00:06:23	01:02:59	00:06:18		OLEIROS	NO
505	490	RUBEN HERRERO DICHARA		VT1M- 147	01:03:41	00:06:23	01:02:50	00:06:17		OLEIROS	NO
506	118	MARCOS HEREDERO FERRERO		VT1M- 148	01:03:41	00:06:23	01:02:49	00:06:17		DORNEDA, OLEIROS	NO
507	495	ENRIQUE GAGO MARIÑO		VT1M- 149	01:04:15	00:06:26	01:03:28	00:06:21		SADA	NO
508	609	ANGELES AREA TEJEIRO	F- 111	VT2F- 27	01:04:30	00:06:27	01:03:49	00:06:23		A CORUÑA	NO
509	595	CARMEN TOUZA TOURIÑO	F- 112	VT1F- 49	01:05:02	00:06:31	01:04:10	00:06:25		LA CORUÑA	NO
510	369	ANA MARIA SANCHEZ MANTEIGA	F- 113	VT2F- 28	01:05:02	00:06:31	01:04:36	00:06:28	CLUB ATLETISMO SADA	SADA	NO
511	577	BOSI SOPALSKA	F- 114	VT1F- 50	01:05:02	00:06:31	01:04:35	00:06:28	CLUB ATLETISMO SADA	SADA	NO
512	573	ANA MOURON FRAGA	F- 115	VT1F- 51	01:05:08	00:06:31	01:04:21	00:06:27	AS VELLAS NON PARAMOS	BETANZOS	NO
513	572	PILAR CASTRO GÓMEZ	F- 117	VT1F- 52	01:05:08	00:06:31	01:04:22	00:06:27	AS VELLAS NON PARAMOS	BETANZOS	NO
514	319	EVA LÓPEZ VIDAL	F- 116	PSNF- 26	01:05:08	00:06:31	01:04:22	00:06:27		ABEGONDO	NO
515	392	PURI LOPEZ FIDALGO	F- 118	VT3F- 12	01:05:11	00:06:32	01:04:20	00:06:26		CULLEREDO	NO
516	483	MIGUEL DE SANTIAGO MARÍN		VT1M- 150	01:05:14	00:06:32	01:04:43	00:06:29		LA CORUÑA	NO
517	623	MANUEL FERREIRA VARELA		VT3M- 37	01:05:28	00:06:33	01:04:39	00:06:28		OLEIROS	NO
518	575	ANDREIA KUHN SOUZA	F- 119	VT1F- 53	01:05:29	00:06:33	01:04:42	00:06:29	AS VELLAS NON PARAMOS	BETANZOS	NO
519	462	ANTONIO FERNÁNDEZ ANDRADE		VT1M- 151	01:07:35	00:06:46	01:06:42	00:06:41	CLUB DEPORTIVO ENKI	CULLEREDO	NO
520	47	ANTONIO SÁNCHEZ OTERO		VT1M- 152	01:07:36	00:06:46	01:06:47	00:06:41	AS VELLAS NON PARAMOS	BETANZOS	NO
521	447	SERGIO JAVIER FERNANDEZ LOPEZ		PSNM- 73	01:07:46	00:06:47	01:07:19	00:06:44		MEDINA DE POMAR	NO
522	570	LARA MILLAN CARPIZO	F- 120	PSNF- 27	01:07:46	00:06:47	01:07:20	00:06:44		BURGOS	NO
523	611	MARINA RODRIGUEZ CARIDE	F- 121	VT2F- 29	01:08:07	00:06:49	01:07:33	00:06:46		A CORUÑA	NO
524	591	LAURA FERNÁNDEZ PEREIRO	F- 122	VT1F- 54	01:08:14	00:06:50	01:07:40	00:06:46		A CORUÑA	NO
525	578	GRACIELA RODRIGUEZ SEIJO	F- 123	VT1F- 55	01:08:38	00:06:52	01:07:58	00:06:48	CLUB ATLETISMO SADA	SADA	NO
526	459	ALBERTO QUIROGA CAMBÓN		VT1M- 153	01:08:38	00:06:52	01:07:59	00:06:48	CLUB CICLISTA SADA	SADA	NO
527	581	VANESA BLANCO BARCA	F- 124	VT1F- 56	01:09:42	00:06:59	01:09:09	00:06:55	DUBRA TEAM	VAL DO DUBRA	NO
528	424	ALBERTO PEDREIRA DÍAZ		PSNM- 74	01:10:12	00:07:02	01:09:52	00:07:00		BETANZOS	NO
529	434	JAVIER BENITO REY		PSNM- 75	01:10:13	00:07:02	01:09:52	00:07:00		BETANZOS	NO
530	548	FREDY CAMPAÑÓ FARALDO		VT2M- 135	01:10:14	00:07:02	01:09:52	00:07:00		BETANZOS	NO
531	350	ALMA BLANCO PITA	F- 125	VT1F- 57	01:11:10	00:07:07	01:10:38	00:07:04		A CORUÑA	NO
532	576	FERNANDA VÁZQUEZ PREGO	F- 126	VT1F- 58	01:11:47	00:07:11	01:11:41	00:07:11	CLUB ATLETISMO SADA	A CORUÑA	SI
533	339	DEBORA POISA SANDE	F- 127	VT1F- 59	01:13:09	00:07:19	01:12:18	00:07:14	CLUB ATLETISMO SADA	BERGONDO	NO
534	67	ÉDGAR SÁNCHEZ RODRÍGUEZ		VT1M- 154	01:13:11	00:07:20	01:12:19	00:07:14	CLUB ATLETISMO SADA	BERGONDO	NO
535	580	EVA RAMIL	F- 128	VT1F- 60	01:15:46	00:07:35	01:14:54	00:07:30	CLUB DEPORTIVO ENKI	LARACHA	NO

VIII CARRERA DEL AGUA UNICEF SADA, Sada 30 de Septiembre de 2018

CADETES, XUVENIL E JUNIOR. Distancia: 2.800 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Club	Localidade	Federado
1	1812	ANTÓN GÓMEZ SUEIRAS		JJVM- 1	00:08:21	00:02:59		CULLEREDO	NO
2	1804	BRUNO SALIDO JOVE		CDTM- 1	00:08:26	00:03:01	CLUB ATLETISMO SADA	OLEIROS	SI
3	1800	TOMÁS LOPEZ VIZCAINO		CDTM- 2	00:08:31	00:03:03	CLUB ATLETISMO SADA	OLEIROS	SI
4	1805	NICOLAO PEREIRA FERNÁNDEZ		CDTM- 3	00:08:31	00:03:03	CLUB ATLETISMO SADA	OZA-CESURAS	SI
5	1802	MARIO GARCIA PAPIN		CDTM- 4	00:08:34	00:03:04	CLUB ATLETISMO SADA	CAMBRE	SI
6	626	JORGE LONGARELA BARREIRO		JJVM- 2	00:09:02	00:03:14		ARES	NO
7	1810	ÓSCAR LORENZO FRAILE		JJVM- 3	00:09:03	00:03:14	CLUB ATLETISMO SADA	SADA	NO
8	1803	HUGO REINLEIN GARCIA		CDTM- 5	00:09:20	00:03:20	CLUB ATLETISMO SADA	SADA	SI
9	1813	DANIEL VEIGA AMOR		JJVM- 4	00:09:32	00:03:25		MIÑO	NO
10	1807	ISMAEL DÍAZ SÁNCHEZ		CDTM- 6	00:09:48	00:03:30	CLUB ATLETISMO SADA	SADA	SI
11	1806	RODRIGO NUÑEZ MACEIRAS		CDTM- 7	00:09:58	00:03:34	CLUB ATLETISMO SADA	SADA	SI
12	1809	CARLOS DIAZ-PACHE LOPEZ		CDTM- 8	00:10:05	00:03:36		FERROL	NO
13	1828	HELENA TORREIRO GUILLÍN	F- 1	JJVF- 1	00:10:07	00:03:37		CAMBRE	NO
14	1822	LARA LÓPEZ FERNÁNDEZ	F- 2	JJVF- 2	00:10:18	00:03:41	ATLETICA A SILVA	ORDES	SI
15	1825	CLARA ARNAIZ ÁLVAREZ	F- 3	JJVF- 3	00:10:22	00:03:42	CLUB ATLETISMO SADA	OLEIROS	SI
16	1824	ALBA MÉNDEZ DUMONT	F- 4	JJVF- 4	00:10:36	00:03:47	CLUB ATLETISMO SADA	SADA	SI
17	1815	CANDELA GARCÍA ABALO	F- 5	CDTF- 1	00:10:38	00:03:48	CLUB ATLETISMO SADA	OLEIROS	SI
18	1801	JORGE FERNÁNDEZ GARCÍA		CDTM- 9	00:10:51	00:03:53	CLUB ATLETISMO SADA	CAMBRE	SI
19	1820	LARA CASILDA TORREIRO GUILLÍN	F- 6	CDTF- 2	00:11:01	00:03:56		CAMBRE	NO
20	1826	IRIA JARAMA DIAZ	F- 7	JJVF- 5	00:11:12	00:04:00	CLUB ATLETISMO SADA	SADA	NO
21	1818	MARIA OURÉNS ANIDO	F- 8	CDTF- 3	00:13:09	00:04:42	CLUB ATLETISMO SADA	PERILLO-OLEIROS	SI
22	1817	CARLA AFRICA FERNANDEZ-POSSE LOPEZ	F- 9	CDTF- 4	00:13:09	00:04:42	CLUB ATLETISMO SADA	SADA	SI
23	1821	LUCIA MARTINEZ SILVA	F- 10	CDTF- 5	00:13:11	00:04:43		A CORUÑA	NO
24	1819	CRISTINA FERNANEZ ARES	F- 11	CDTF- 6	00:13:13	00:04:44	TRISADA	OLEIROS	NO
25	1816	EVA SANTOS GARCÍA	F- 12	CDTF- 7	00:14:01	00:05:01	CLUB ATLETISMO SADA	SADA	SI
26	1808	PEDRO VÁZQUEZ RAMIL		CDTM- 10	00:56:48	00:20:17	CLUB DEPORTIVO ENKI	ARTEIXO	NO

VIII CARRERA DEL AGUA UNICEF SADA, Sada 30 de Septiembre de 2018

INFANTIL FEMENINO. Distancia: 700 m

Pto	Dorsal	Nombre	Sx	PtoCat	T_Oficial	RitmoKm	Paso	Club	Localidad	Federado
1	1605	XIANA VALIÑA F- 1		INFF- 1	00:02:38	00:03:46	00:01:16	CLUB ATLETISMO SADA	TEMPLE - CAMBRE	SI
2	1602	INÉS VÁZQUEZ F- 2		INFF- 2	00:02:41	00:03:49	00:01:18	CLUB ATLETISMO SADA	CULLEREDO	SI
3	1617	SOFIA MARTI F- 3		INFF- 3	00:02:44	00:03:54	00:01:19	ATLETISMO RIAZOR CORUÑA	A CORUÑA	SI
4	1619	ALEJANDRA C F- 4		INFF- 4	00:02:50	00:04:03	00:01:21	TRISADA	A CORUÑA	NO
5	1615	SUSANA AMC F- 5		INFF- 5	00:02:52	00:04:05	00:01:22	CLUB ATLETISMO SADA	A CORUÑA	NO
6	1613	MISGANECH F- 6		INFF- 6	00:02:54	00:04:09	00:01:28	CLUB ATLETISMO SADA	BERGONDO	SI
7	1906	JULIA MESAS F- 7		INFF- 7	00:02:55	00:04:09	00:01:27		OLEIROS	NO
8	1621	ANA GARCIA F- 8		INFF- 8	00:02:56	00:04:11	00:01:30		OLEIROS	NO
9	1603	HELENA FERN F- 9		INFF- 9	00:02:56	00:04:11	00:01:26	CLUB ATLETISMO SADA	A CORUÑA	SI
10	1600	MARTA VENT F- 10		INFF- 10	00:02:56	00:04:11	00:01:26	ATLETISMO NARON	FENE	SI
11	1607	ICÍA PEREIRA F- 11		INFF- 11	00:02:58	00:04:15	00:01:28	CLUB ATLETISMO SADA	OZA-CESURAS	SI
12	1606	NORA KHIDR F- 12		INFF- 12	00:03:01	00:04:19	00:01:29	CLUB ATLETISMO SADA	OLEIROS	SI
13	1614	NOELA BUJAI F- 13		INFF- 13	00:03:02	00:04:20	00:01:29	CLUB ATLETISMO SADA	BERGONDO	NO
14	1611	AREA BARBEI F- 14		INFF- 14	00:03:03	00:04:22	00:01:30	CLUB ATLETISMO SADA	CARRAL	SI
15	1616	LARA CHACO F- 15		INFF- 15	00:03:04	00:04:23	00:01:29	CLUB ATLETISMO SADA	CAMBRE	NO
16	1601	JULIA TRILLO F- 16		INFF- 16	00:03:06	00:04:25	00:01:28	CLUB ATLETISMO SADA	OLEIROS	SI
17	1612	NOA FDEZ. DIF- 17		INFF- 17	00:03:06	00:04:26	00:01:28	CLUB ATLETISMO SADA	SADA	SI
18	1910	SOFIA GROBA F- 18		INFF- 18	00:03:09	00:04:30	00:01:28		SADA	NO
19	1609	LUNA SOPHIA F- 19		INFF- 19	00:03:13	00:04:36	00:01:32	CLUB ATLETISMO SADA	SADA	SI
20	1622	NOELIA RODR F- 20		INFF- 20	00:03:16	00:04:39	00:01:33		BETANZOS	NO
21	1610	SILVIA TAIBO F- 21		INFF- 21	00:03:16	00:04:40	00:01:30	CLUB ATLETISMO SADA	SADA	SI
22	1620	LUCIA TALLOI F- 22		INFF- 22	00:03:17	00:04:41	00:01:30		STA CRUZ-OLEIROS	SI
23	1625	CANDELA SU F- 23		INFF- 23	00:03:21	00:04:47	00:01:36		BETANZOS	NO
24	1624	SANDRA VÁZ F- 24		INFF- 24	00:03:22	00:04:48	00:01:39		SADA	NO
25	1608	UXIA FERNAN F- 25		INFF- 25	00:03:25	00:04:53	00:01:28	CLUB ATLETISMO SADA	SADA	NO
26	1627	NOA AMADO F- 26		INFF- 26	00:03:26	00:04:54	00:01:39		BETANZOS	NO
27	1626	ALBA SÁNCHI F- 27		INFF- 27	00:03:27	00:04:55	00:01:40		BETANZOS	NO
28	1629	ANA SANDÁ F- 28		INFF- 28	00:03:27	00:04:55	00:01:40		BETANZOS	NO

VIII CARRERA DEL AGUA UNICEF SADA, Sada 30 de Septiembre de 2018

INFANTIL MASCULINO. Distancia: 700 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Paso	Club	Localidade	Federado
1	1714	ALEJANDRO CHACON ALVAREZ		INFM- 1	00:02:26	00:03:28	00:01:09	SALVAMENTO SADA	BERGONDO	NO
2	1700	DIEGO RODRIGUEZ SANCHEZ		INFM- 2	00:02:28	00:03:31	00:01:12	FRANCISCANOS	LUGO	SI
3	1708	SAMUEL FRAGA RIOS		INFM- 3	00:02:30	00:03:34	00:01:12	CLUB ATLETISMO SADA	PERILLO-OLEIROS	SI
4	1707	RODRIGO GARCÍA DIEGUEZ		INFM- 4	00:02:33	00:03:38	00:01:15	CLUB ATLETISMO SADA	OLEIROS	NO
5	1705	MATEO ZAPATA ESMORIS		INFM- 5	00:02:33	00:03:38	00:01:12	CLUB ATLETISMO SADA	SADA	SI
6	1721	PEDRO SALIDO JOVE		INFM- 6	00:02:39	00:03:47	00:01:19		OLEIROS	NO
7	1709	DARÍO AMBITE SANTANA		INFM- 7	00:02:42	00:03:52	00:01:16	CLUB ATLETISMO SADA	CAMBRE	NO
8	1703	JAVIER BALSA VIGO		INFM- 8	00:02:50	00:04:02	00:01:23	CLUB ATLETISMO ARTEIXO	ARTEIXO	NO
9	1715	NICOLÁS FIGUEROA CARRIL		INFM- 9	00:02:50	00:04:03	00:01:24		ARTEIXO	NO
10	1716	DARIO BARBEITO MENDEZ		INFM- 10	00:02:50	00:04:03	00:01:22		MONTROVE	NO
11	1701	MATEO ROMERO SUAREZ		INFM- 11	00:02:50	00:04:03	00:01:20	ATLETISMO CORUÑA COMARCA	LA CORUÑA	SI
12	1702	HUGO SERANTES BOUZA		INFM- 12	00:02:56	00:04:12	00:01:25	ATLETISMO NARON	NARON	SI
13	1711	UNAI COSTA MUÑIZ		INFM- 13	00:03:05	00:04:24	00:01:27	CLUB ATLETISMO SADA	VILABOIA CULLEREDO	SI
14	1720	MATEO SUÁREZ OTERO		INFM- 14	00:03:06	00:04:26	00:01:28		SADA	NO
15	1706	ABENU VALDES PAZOS		INFM- 15	00:03:14	00:04:37	00:01:34	CLUB ATLETISMO SADA	SADA	SI
16	1710	DAVID GONZÁLEZ BARCON		INFM- 16	00:03:17	00:04:41	00:01:32	CLUB ATLETISMO SADA	CAMBRE	SI
17	1712	MANUEL VELASCO CAO		INFM- 17	00:03:25	00:04:53	00:01:37	CLUB ATLETISMO SADA	OLEIROS	SI
18	1718	PABLO PEÑAMARÍA SANLUIS		INFM- 18	00:03:25	00:04:53	00:01:34		A CORUÑA	NO
19	1717	ROI LAGO GONZALEZ		INFM- 19	00:03:38	00:05:11	00:01:36		LA CORUÑA	NO
20	1704	OLIVER CAMBON LOURIDO		INFM- 20	00:04:56	00:07:02	00:02:34	CLUB ATLETISMO SADA	SADA	NO

VIII CARRERA DEL AGUA UNICEF SADA, Sada 30 de Septiembre de 2018

ALEVIN FEMENINO. Distancia: 700 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Paso	Club	Localidad	Federado
1	1402	ALBA PENA SOTO	F- 1	ALVF- 1	00:02:43	00:03:52	00:01:20	ATLETISMO NARON	FERROL	SI
2	1423	VALERIA ZAPATA ESMORIS	F- 2	ALVF- 2	00:02:46	00:03:57	00:01:21	CLUB ATLETISMO SADA	MOSTEIRÓN-SADA	SI
3	1412	LUCÍA ÁLVAREZ TOURIÑÁN	F- 3	ALVF- 3	00:02:50	00:04:02	00:01:21	CLUB ATLETISMO SADA	PERILLO	SI
4	1511	PAULA BELLAS SOTO	F- 4	ALVF- 4	00:02:50	00:04:02	00:01:22	CLUB ATLETISMO SADA	OLEIROS	NO
5	1416	MARINA IGLESIAS MURIAS	F- 5	ALVF- 5	00:02:53	00:04:07	00:01:26	CLUB ATLETISMO SADA	STA CRISTINA	SI
6	1400	ICIA ARES BETANZOS	F- 6	ALVF- 6	00:02:57	00:04:13	00:01:26	ATLETICA A SILVA	A CORUÑA	SI
7	1406	SARA OURÉNS ANIDO	F- 7	ALVF- 7	00:03:01	00:04:18	00:01:26	CLUB ATLETISMO SADA	PERILLO-OLEIROS	SI
8	1419	OLIMPIA GARCÍA DIEGUEZ	F- 8	ALVF- 8	00:03:02	00:04:20	00:01:27	CLUB ATLETISMO SADA	OLEIROS	SI
9	1411	IRIA GRANELL TASCÓN	F- 9	ALVF- 9	00:03:03	00:04:21	00:01:24	CLUB ATLETISMO SADA	OLEIROS	SI
10	1440	VERA GARCÍA BLANCO	F- 10	ALVF- 10	00:03:05	00:04:24	00:01:31		ORDES	SI
11	1410	ALICIA MERA VARELA	F- 11	ALVF- 11	00:03:05	00:04:24	00:01:28	CLUB ATLETISMO SADA	SADA	SI
12	1404	MIRIAM GARCIA FERNÁNDEZ	F- 12	ALVF- 12	00:03:07	00:04:27	00:01:29	CLUB ATLETISMO SADA	OLEIROS	SI
13	1409	STELA FRAGA	F- 13	ALVF- 13	00:03:08	00:04:29	00:01:28	CLUB ATLETISMO SADA	PERILLO-OLEIROS	SI
14	1427	MARÍA CAMBA VÁZQUEZ	F- 14	ALVF- 14	00:03:10	00:04:31	00:01:32	NATACIÓN LICEO	CULLEREDO	NO
15	1417	MARIA ORRO ARMESTO	F- 15	ALVF- 15	00:03:12	00:04:34	00:01:31	CLUB ATLETISMO SADA	OLEIROS	SI
16	1422	AMARA CARBALLEIRA CAMPOS	F- 16	ALVF- 16	00:03:12	00:04:35	00:01:30	CLUB ATLETISMO SADA	MIÑO	SI
17	1429	ROSA MARÍA LATAS CHICO	F- 17	ALVF- 17	00:03:14	00:04:37	00:01:30	TRISADA	BERGONDO	NO
18	1432	LAURA MARTINEZ SILVA	F- 18	ALVF- 18	00:03:14	00:04:38	00:01:33		A CORUÑA	NO
19	1425	ALICIA VELASCO CAO	F- 19	ALVF- 19	00:03:15	00:04:38	00:01:37	CLUB ATLETISMO SADA	OLEIROS	SI
20	1401	ANTIA ARNOSO GAMALLO	F- 20	ALVF- 20	00:03:17	00:04:41	00:01:33	ATLETISMO NARON	NEDA	SI
21	1414	PANDORA NÚÑEZ MENÉNDEZ	F- 21	ALVF- 21	00:03:17	00:04:41	00:01:34	CLUB ATLETISMO SADA	SADA	SI
22	1424	ÁFRICA FDEZ. DE LA PRADILLA NOYA	F- 22	ALVF- 22	00:03:22	00:04:48	00:01:37	CLUB ATLETISMO SADA	SADA	SI
23	1441	SOFIA BAO DOSIL	F- 23	ALVF- 23	00:03:24	00:04:52	00:01:39		SADA	SI
24	1426	JIMENA IGLESIAS PERTIERRA	F- 24	ALVF- 24	00:03:26	00:04:54	00:01:44	CLUB ATLETISMO SADA	OLEIROS	NO
25	1430	SOFÍA BELLO PÉREZ	F- 25	ALVF- 25	00:03:27	00:04:55	00:01:36		A CORUÑA	NO
26	1434	MARÍA RODRÍGUEZ LÓPEZ	F- 26	ALVF- 26	00:03:27	00:04:55	00:01:31		LIANS-OLEIROS	NO
27	1405	ELISA LOPEZ LOPEZ	F- 27	ALVF- 27	00:03:28	00:04:57	00:01:42	CLUB ATLETISMO SADA	OLEIROS	NO
28	1428	ANA QUINTAS CASTILLO	F- 28	ALVF- 28	00:03:31	00:05:01	00:01:40	TRISADA	OLEIROS	NO
29	1435	LUNA GUADALUPE PIZARRO	F- 29	ALVF- 29	00:03:32	00:05:03	00:01:39		CULLEREDO	NO
30	1413	JIMENA SAIZ YUDEGO	F- 30	ALVF- 30	00:03:32	00:05:03	00:01:29	CLUB ATLETISMO SADA	SADA	SI
31	1436	ALBA TALLON RODRIGUEZ	F- 31	ALVF- 31	00:03:33	00:05:04	00:01:40		A CORUÑA	NO
32	1418	ANTIA MARTINEZ PRIETO	F- 32	ALVF- 32	00:03:33	00:05:05	00:01:42	CLUB ATLETISMO SADA	OLEIROS	NO
33	1421	IRIA GARCIA TUÑAS	F- 33	ALVF- 33	00:03:35	00:05:07	00:01:42	CLUB ATLETISMO SADA	SADA	SI
34	1408	PAULA ANNICCHIARICO BARREIRO	F- 34	ALVF- 34	00:03:35	00:05:07	00:01:45	CLUB ATLETISMO SADA	LA CORUÑA	SI
35	1415	AFRICA MARIA FERNANDEZ LOIRA	F- 35	ALVF- 35	00:03:35	00:05:08	00:01:45	CLUB ATLETISMO SADA	SADA	NO
36	1433	ANA VEIGA AMOR	F- 36	ALVF- 36	00:03:37	00:05:10	00:01:51		MIÑO	SI
37	1437	ESTHER FERNÁNDEZ LÓPEZ	F- 37	ALVF- 37	00:03:45	00:05:21	00:01:45		SADA	NO
38	1420	ALBA FERNÁNDEZ GESTAL	F- 38	ALVF- 38	00:03:51	00:05:30	00:01:51	CLUB ATLETISMO SADA	CULLEREDO	NO
39	1431	ANTÍA GALMÁN MUIÑOS	F- 39	ALVF- 39	00:03:51	00:05:30	00:01:43		SADA	NO
40	1443	CELIA ANDUJAR VILAR	F- 40	ALVF- 40	00:03:53	00:05:33	00:01:46		SADA	NO
41	1407	UXIA MALODIAZ	F- 41	ALVF- 41	00:03:54	00:05:34	00:01:51	CLUB ATLETISMO SADA	BERGONDO	NO
42	1439	KENIA RIVERA PILLADO	F- 42	ALVF- 42	00:04:02	00:05:45	00:01:51		SADA	NO
43	1442	OLALLA GANDARA GARCIA	F- 43	ALVF- 43	00:04:19	00:06:09	00:01:50		BETANZOS	NO
44	1438	ANGELA BARRAL ÁLVAREZ	F- 44	ALVF- 44	00:04:58	00:07:05	00:01:55		BERGONDO	NO

VIII CARRERA DEL AGUA UNICEF SADA, Sada 30 de Septiembre de 2018

ALEVIN FEMENINO. Distancia: 700 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Paso	Club	Localidad	Federado
1	1402	ALBA PENA SOTO	F- 1	ALVF- 1	00:02:43	00:03:52	00:01:20	ATLETISMO NARON	FERROL	SI
2	1423	VALERIA ZAPATA ESMORIS	F- 2	ALVF- 2	00:02:46	00:03:57	00:01:21	CLUB ATLETISMO SADA	MOSTEIRÓN-SADA	SI
3	1412	LUCÍA ÁLVAREZ TOURIÑÁN	F- 3	ALVF- 3	00:02:50	00:04:02	00:01:21	CLUB ATLETISMO SADA	PERILLO	SI
4	1511	PAULA BELLAS SOTO	F- 4	ALVF- 4	00:02:50	00:04:02	00:01:22	CLUB ATLETISMO SADA	OLEIROS	NO
5	1416	MARINA IGLESIAS MURIAS	F- 5	ALVF- 5	00:02:53	00:04:07	00:01:26	CLUB ATLETISMO SADA	STA CRISTINA	SI
6	1400	ICIA ARES BETANZOS	F- 6	ALVF- 6	00:02:57	00:04:13	00:01:26	ATLETICA A SILVA	A CORUÑA	SI
7	1406	SARA OURÉNS ANIDO	F- 7	ALVF- 7	00:03:01	00:04:18	00:01:26	CLUB ATLETISMO SADA	PERILLO-OLEIROS	SI
8	1419	OLIMPIA GARCÍA DIEGUEZ	F- 8	ALVF- 8	00:03:02	00:04:20	00:01:27	CLUB ATLETISMO SADA	OLEIROS	SI
9	1411	IRIA GRANELL TASCÓN	F- 9	ALVF- 9	00:03:03	00:04:21	00:01:24	CLUB ATLETISMO SADA	OLEIROS	SI
10	1440	VERA GARCÍA BLANCO	F- 10	ALVF- 10	00:03:05	00:04:24	00:01:31		ORDES	SI
11	1410	ALICIA MERA VARELA	F- 11	ALVF- 11	00:03:05	00:04:24	00:01:28	CLUB ATLETISMO SADA	SADA	SI
12	1404	MIRIAM GARCIA FERNÁNDEZ	F- 12	ALVF- 12	00:03:07	00:04:27	00:01:29	CLUB ATLETISMO SADA	OLEIROS	SI
13	1409	STELA FRAGA	F- 13	ALVF- 13	00:03:08	00:04:29	00:01:28	CLUB ATLETISMO SADA	PERILLO-OLEIROS	SI
14	1427	MARÍA CAMBA VÁZQUEZ	F- 14	ALVF- 14	00:03:10	00:04:31	00:01:32	NATACIÓN LICEO	CULLEREDO	NO
15	1417	MARIA ORRO ARMESTO	F- 15	ALVF- 15	00:03:12	00:04:34	00:01:31	CLUB ATLETISMO SADA	OLEIROS	SI
16	1422	AMARA CARBALLEIRA CAMPOS	F- 16	ALVF- 16	00:03:12	00:04:35	00:01:30	CLUB ATLETISMO SADA	MIÑO	SI
17	1429	ROSA MARÍA LATAS CHICO	F- 17	ALVF- 17	00:03:14	00:04:37	00:01:30	TRISADA	BERGONDO	NO
18	1432	LAURA MARTINEZ SILVA	F- 18	ALVF- 18	00:03:14	00:04:38	00:01:33		A CORUÑA	NO
19	1425	ALICIA VELASCO CAO	F- 19	ALVF- 19	00:03:15	00:04:38	00:01:37	CLUB ATLETISMO SADA	OLEIROS	SI
20	1401	ANTIA ARNOSO GAMALLO	F- 20	ALVF- 20	00:03:17	00:04:41	00:01:33	ATLETISMO NARON	NEDA	SI
21	1414	PANDORA NÚÑEZ MENÉNDEZ	F- 21	ALVF- 21	00:03:17	00:04:41	00:01:34	CLUB ATLETISMO SADA	SADA	SI
22	1424	ÁFRICA FDEZ. DE LA PRADILLA NOYA	F- 22	ALVF- 22	00:03:22	00:04:48	00:01:37	CLUB ATLETISMO SADA	SADA	SI
23	1441	SOFIA BAO DOSIL	F- 23	ALVF- 23	00:03:24	00:04:52	00:01:39		SADA	SI
24	1426	JIMENA IGLESIAS PERTIERRA	F- 24	ALVF- 24	00:03:26	00:04:54	00:01:44	CLUB ATLETISMO SADA	OLEIROS	NO
25	1430	SOFÍA BELLO PÉREZ	F- 25	ALVF- 25	00:03:27	00:04:55	00:01:36		A CORUÑA	NO
26	1434	MARÍA RODRÍGUEZ LÓPEZ	F- 26	ALVF- 26	00:03:27	00:04:55	00:01:31		LIANS-OLEIROS	NO
27	1405	ELISA LOPEZ LOPEZ	F- 27	ALVF- 27	00:03:28	00:04:57	00:01:42	CLUB ATLETISMO SADA	OLEIROS	NO
28	1428	ANA QUINTAS CASTILLO	F- 28	ALVF- 28	00:03:31	00:05:01	00:01:40	TRISADA	OLEIROS	NO
29	1435	LUNA GUADALUPE PIZARRO	F- 29	ALVF- 29	00:03:32	00:05:03	00:01:39		CULLEREDO	NO
30	1413	JIMENA SAIZ YUDEGO	F- 30	ALVF- 30	00:03:32	00:05:03	00:01:29	CLUB ATLETISMO SADA	SADA	SI
31	1436	ALBA TALLON RODRIGUEZ	F- 31	ALVF- 31	00:03:33	00:05:04	00:01:40		A CORUÑA	NO
32	1418	ANTIA MARTINEZ PRIETO	F- 32	ALVF- 32	00:03:33	00:05:05	00:01:42	CLUB ATLETISMO SADA	OLEIROS	NO
33	1421	IRIA GARCIA TUÑAS	F- 33	ALVF- 33	00:03:35	00:05:07	00:01:42	CLUB ATLETISMO SADA	SADA	SI
34	1408	PAULA ANNICCHIARICO BARREIRO	F- 34	ALVF- 34	00:03:35	00:05:07	00:01:45	CLUB ATLETISMO SADA	LA CORUÑA	SI
35	1415	AFRICA MARIA FERNANDEZ LOIRA	F- 35	ALVF- 35	00:03:35	00:05:08	00:01:45	CLUB ATLETISMO SADA	SADA	NO
36	1433	ANA VEIGA AMOR	F- 36	ALVF- 36	00:03:37	00:05:10	00:01:51		MIÑO	SI
37	1437	ESTHER FERNÁNDEZ LÓPEZ	F- 37	ALVF- 37	00:03:45	00:05:21	00:01:45		SADA	NO
38	1420	ALBA FERNÁNDEZ GESTAL	F- 38	ALVF- 38	00:03:51	00:05:30	00:01:51	CLUB ATLETISMO SADA	CULLEREDO	NO
39	1431	ANTÍA GALMÁN MUIÑOS	F- 39	ALVF- 39	00:03:51	00:05:30	00:01:43		SADA	NO
40	1443	CELIA ANDUJAR VILAR	F- 40	ALVF- 40	00:03:53	00:05:33	00:01:46		SADA	NO
41	1407	UXIA MALODIAZ	F- 41	ALVF- 41	00:03:54	00:05:34	00:01:51	CLUB ATLETISMO SADA	BERGONDO	NO
42	1439	KENIA RIVERA PILLADO	F- 42	ALVF- 42	00:04:02	00:05:45	00:01:51		SADA	NO
43	1442	OLALLA GANDARA GARCIA	F- 43	ALVF- 43	00:04:19	00:06:09	00:01:50		BETANZOS	NO
44	1438	ANGELA BARRAL ÁLVAREZ	F- 44	ALVF- 44	00:04:58	00:07:05	00:01:55		BERGONDO	NO

VIII CARRERA DEL AGUA UNICEF SADA, Sada 30 de Septiembre de 2018

BENXAMIN FEMENINO. Distancia: 350 m

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Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Club	Localidade	Federado
1	1306	CARLA SOMOZA SEOANE	F- 1	BNJF- 1	00:01:17	00:03:40	CLUB ATLETISMO SADA	PERILLO - OLEIROS	SI
2	1215	ALBA VIZOSO DE LA VEGA	F- 2	BNJF- 2	00:01:19	00:03:46	CLUB ATLETISMO SADA	SADA	SI
3	1217	LAURA RIOS VELO	F- 3	BNJF- 3	00:01:20	00:03:47	CLUB ATLETISMO SADA	OLEIROS	SI
4	1222	XIANA NOVO DEL VALLE	F- 4	BNJF- 4	00:01:21	00:03:50	RUNNING OLEIROS	OLEIROS	NO
5	1214	MARIÑA BUJAN ANTELO	F- 5	BNJF- 5	00:01:24	00:03:59	CLUB ATLETISMO SADA	BERGONDO	NO
6	1212	ALBA CHACON LOPEZ	F- 6	BNJF- 6	00:01:24	00:03:59	CLUB ATLETISMO SADA	CAMBRE	NO
7	1224	LUCIA REGO VÁZQUEZ	F- 7	BNJF- 7	00:01:25	00:04:03		SADA	NO
8	1218	SARA FARALDO GARCIA	F- 8	BNJF- 8	00:01:26	00:04:05	CLUB ATLETISMO SADA	OLEIROS	SI
9	1204	NOA ARDAO GALEGO	F- 9	BNJF- 9	00:01:26	00:04:06	ATLETISMO NARON	NARON	SI
10	1241	CARLA CHACÓN AMENEDO	F- 10	BNJF- 10	00:01:26	00:04:06		A CORUÑA	NO
11	1213	LAURA ANNICCHIARICO BARREIRO	F- 11	BNJF- 11	00:01:27	00:04:09	CLUB ATLETISMO SADA	LA CORUÑA	SI
12	1232	PAOLA KURALAY MARTÍNEZ TAIBO	F- 12	BNJF- 12	00:01:27	00:04:09		A CORUÑA	NO
13	1234	ALICIA GONZÁLEZ SOTO	F- 13	BNJF- 13	00:01:28	00:04:11		A CORUÑA	NO
14	1235	IVANA SUAREZ MODROÑO	F- 14	BNJF- 14	00:01:30	00:04:17		LA CORUÑA	NO
15	1242	CLAUDIA SOTO GARCIA	F- 15	BNJF- 15	00:01:32	00:04:21		CULLEREDO	NO
16	1238	MARTA GARCIA PALACIO	F- 16	BNJF- 16	00:01:33	00:04:24		A CORUÑA	NO
17	1216	VERA SOUTO PARGA	F- 17	BNJF- 17	00:01:33	00:04:25	CLUB ATLETISMO SADA	SADA	SI
18	1243	ARIADNA QUIROGA RODRIGUEZ	F- 18	BNJF- 18	00:01:33	00:04:26		SADA	NO
19	1236	AMELIA VESTEIRO LOPEZ	F- 19	BNJF- 19	00:01:35	00:04:31		A CORUÑA	NO
20	1208	CAROLINA ROMERO VELEIRO	F- 20	BNJF- 20	00:01:35	00:04:31	CLUB ATLETISMO SADA	A CORUÑA	NO
21	1209	ANTÍA RODRIGUEZ DOPAZO	F- 21	BNJF- 21	00:01:36	00:04:32	CLUB ATLETISMO SADA	SADA	NO
22	1206	SOFÍA VEIGA CASANOVA	F- 22	BNJF- 22	00:01:36	00:04:34	CLUB ATLETISMO SADA	PADERNE	SI
23	1239	PAULA VÁZQUEZ REQUEIJO	F- 23	BNJF- 23	00:01:36	00:04:34		SADA	SI
24	1205	DANIELA ALBARRAN OROZA	F- 24	BNJF- 24	00:01:36	00:04:35	CLUB ATLETISMO SADA	OLEIROS	NO
25	1324	SABELA CRESPO RODRIGUEZ	F- 25	BNJF- 25	00:01:40	00:04:45	RUNNING OLEIROS	OLEIROS	NO
26	1233	MONICA FERNANDEZ GARRIDO	F- 26	BNJF- 26	00:01:42	00:04:50		LA CORUÑA	NO
27	1225	CELIA SIXTO DEUS	F- 27	BNJF- 27	00:01:42	00:04:51		SADA	NO
28	1203	VEGA REBOREDO PRADO	F- 28	BNJF- 28	00:01:43	00:04:53	ATLETISMO CORUÑA COMARCA	A CORUÑA	NO
29	1246	DANIELA DOCAMPO CAMBÓN	F- 29	BNJF- 29	00:01:44	00:04:55		SADA	NO
30	1202	XIANA LÓPEZ FERNÁNDEZ	F- 30	BNJF- 30	00:01:45	00:04:59	ATLÉTICA A SILVA	ORDES	SI
31	1242	LUCÍA ROIBÁS CARRO	F- 31	BNJF- 31	00:01:45	00:05:00		SADA	NO
32	1210	LIDYA VALDES PAZOS	F- 32	BNJF- 32	00:01:46	00:05:01	CLUB ATLETISMO SADA	SADA	SI
33	1226	TERESA SPUCH	F- 33	BNJF- 33	00:01:47	00:05:04		A CORUÑA	NO
34	1219	MARTINA BUJIA MIGUEZ	F- 34	BNJF- 34	00:01:47	00:05:05	CLUB ATLETISMO SADA	OLEIROS - A CORUÑA	SI
35	1229	IRENE FERRERO RAMOS	F- 35	BNJF- 35	00:01:49	00:05:11		A CORUÑA	NO
36	1223	CARLOTA DIAZ SANTISO	F- 36	BNJF- 36	00:01:50	00:05:14	RUNNING OLEIROS	OLEIROS	NO
37	1200	BREZO RAMOS RUIZ	F- 37	BNJF- 37	00:01:51	00:05:16		COIROS	NO
38	1228	CLAUDIA GEREMIAS MARTINEZ	F- 38	BNJF- 38	00:01:51	00:05:17		SADA	NO
39	1201	ÁNXELA TOBIO PRIEGUE	F- 39	BNJF- 39	00:01:52	00:05:20	ÁNXELA	SADA	NO
40	1220	SILVIA GRANELL TASCÓN	F- 40	BNJF- 40	00:01:55	00:05:28	CLUB ATLETISMO SADA	OLEIROS	NO
41	1237	ÁNGELA LÓPEZ RODRÍGUEZ	F- 41	BNJF- 41	00:01:56	00:05:30		LA CORUÑA	NO
42	1247	MARA VÁZQUEZ GEREMIAS	F- 42	BNJF- 42	00:02:13	00:06:19		OLEIROS	NO
43	1227	CELIA GEREMIAS MARTINEZ	F- 43	BNJF- 43	00:03:01	00:08:37		SADA	NO
44	1244	ANTIA MARCOTE CASTRO	F- 44	BNJF- 44	00:03:06	00:08:50		A CORUÑA	NO

VIII CARRERA DEL AGUA UNICEF SADA, Sada 30 de Septiembre de 2018

BENXAMIN FEMENINO. Distancia: 350 m

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Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Club	Localidade	Federado
1	1306	CARLA SOMOZA SEOANE	F- 1	BNJF- 1	00:01:17	00:03:40	CLUB ATLETISMO SADA	PERILLO - OLEIROS	SI
2	1215	ALBA VIZOSO DE LA VEGA	F- 2	BNJF- 2	00:01:19	00:03:46	CLUB ATLETISMO SADA	SADA	SI
3	1217	LAURA RIOS VELO	F- 3	BNJF- 3	00:01:20	00:03:47	CLUB ATLETISMO SADA	OLEIROS	SI
4	1222	XIANA NOVO DEL VALLE	F- 4	BNJF- 4	00:01:21	00:03:50	RUNNING OLEIROS	OLEIROS	NO
5	1214	MARIÑA BUJAN ANTELO	F- 5	BNJF- 5	00:01:24	00:03:59	CLUB ATLETISMO SADA	BERGONDO	NO
6	1212	ALBA CHACON LOPEZ	F- 6	BNJF- 6	00:01:24	00:03:59	CLUB ATLETISMO SADA	CAMBRE	NO
7	1224	LUCIA REGO VÁZQUEZ	F- 7	BNJF- 7	00:01:25	00:04:03		SADA	NO
8	1218	SARA FARALDO GARCIA	F- 8	BNJF- 8	00:01:26	00:04:05	CLUB ATLETISMO SADA	OLEIROS	SI
9	1204	NOA ARDAO GALEGO	F- 9	BNJF- 9	00:01:26	00:04:06	ATLETISMO NARON	NARON	SI
10	1241	CARLA CHACÓN AMENEDO	F- 10	BNJF- 10	00:01:26	00:04:06		A CORUÑA	NO
11	1213	LAURA ANNICCHIARICO BARREIRO	F- 11	BNJF- 11	00:01:27	00:04:09	CLUB ATLETISMO SADA	LA CORUÑA	SI
12	1232	PAOLA KURALAY MARTÍNEZ TAIBO	F- 12	BNJF- 12	00:01:27	00:04:09		A CORUÑA	NO
13	1234	ALICIA GONZÁLEZ SOTO	F- 13	BNJF- 13	00:01:28	00:04:11		A CORUÑA	NO
14	1235	IVANA SUAREZ MODROÑO	F- 14	BNJF- 14	00:01:30	00:04:17		LA CORUÑA	NO
15	1242	CLAUDIA SOTO GARCIA	F- 15	BNJF- 15	00:01:32	00:04:21		CULLEREDO	NO
16	1238	MARTA GARCIA PALACIO	F- 16	BNJF- 16	00:01:33	00:04:24		A CORUÑA	NO
17	1216	VERA SOUTO PARGA	F- 17	BNJF- 17	00:01:33	00:04:25	CLUB ATLETISMO SADA	SADA	SI
18	1243	ARIADNA QUIROGA RODRIGUEZ	F- 18	BNJF- 18	00:01:33	00:04:26		SADA	NO
19	1236	AMELIA VESTEIRO LOPEZ	F- 19	BNJF- 19	00:01:35	00:04:31		A CORUÑA	NO
20	1208	CAROLINA ROMERO VELEIRO	F- 20	BNJF- 20	00:01:35	00:04:31	CLUB ATLETISMO SADA	A CORUÑA	NO
21	1209	ANTÍA RODRIGUEZ DOPAZO	F- 21	BNJF- 21	00:01:36	00:04:32	CLUB ATLETISMO SADA	SADA	NO
22	1206	SOFÍA VEIGA CASANOVA	F- 22	BNJF- 22	00:01:36	00:04:34	CLUB ATLETISMO SADA	PADERNE	SI
23	1239	PAULA VÁZQUEZ REQUEIJO	F- 23	BNJF- 23	00:01:36	00:04:34		SADA	SI
24	1205	DANIELA ALBARRAN OROZA	F- 24	BNJF- 24	00:01:36	00:04:35	CLUB ATLETISMO SADA	OLEIROS	NO
25	1324	SABELA CRESPO RODRIGUEZ	F- 25	BNJF- 25	00:01:40	00:04:45	RUNNING OLEIROS	OLEIROS	NO
26	1233	MONICA FERNANDEZ GARRIDO	F- 26	BNJF- 26	00:01:42	00:04:50		LA CORUÑA	NO
27	1225	CELIA SIXTO DEUS	F- 27	BNJF- 27	00:01:42	00:04:51		SADA	NO
28	1203	VEGA REBOREDO PRADO	F- 28	BNJF- 28	00:01:43	00:04:53	ATLETISMO CORUÑA COMARCA	A CORUÑA	NO
29	1246	DANIELA DOCAMPO CAMBÓN	F- 29	BNJF- 29	00:01:44	00:04:55		SADA	NO
30	1202	XIANA LÓPEZ FERNÁNDEZ	F- 30	BNJF- 30	00:01:45	00:04:59	ATLÉTICA A SILVA	ORDES	SI
31	1242	LUCÍA ROIBÁS CARRO	F- 31	BNJF- 31	00:01:45	00:05:00		SADA	NO
32	1210	LIDYA VALDES PAZOS	F- 32	BNJF- 32	00:01:46	00:05:01	CLUB ATLETISMO SADA	SADA	SI
33	1226	TERESA SPUCH	F- 33	BNJF- 33	00:01:47	00:05:04		A CORUÑA	NO
34	1219	MARTINA BUJIA MIGUEZ	F- 34	BNJF- 34	00:01:47	00:05:05	CLUB ATLETISMO SADA	OLEIROS - A CORUÑA	SI
35	1229	IRENE FERRERO RAMOS	F- 35	BNJF- 35	00:01:49	00:05:11		A CORUÑA	NO
36	1223	CARLOTA DIAZ SANTISO	F- 36	BNJF- 36	00:01:50	00:05:14	RUNNING OLEIROS	OLEIROS	NO
37	1200	BREZO RAMOS RUIZ	F- 37	BNJF- 37	00:01:51	00:05:16		COIROS	NO
38	1228	CLAUDIA GEREMIAS MARTINEZ	F- 38	BNJF- 38	00:01:51	00:05:17		SADA	NO
39	1201	ÁNXELA TOBIO PRIEGUE	F- 39	BNJF- 39	00:01:52	00:05:20	ÁNXELA	SADA	NO
40	1220	SILVIA GRANELL TASCÓN	F- 40	BNJF- 40	00:01:55	00:05:28	CLUB ATLETISMO SADA	OLEIROS	NO
41	1237	ÁNGELA LÓPEZ RODRÍGUEZ	F- 41	BNJF- 41	00:01:56	00:05:30		LA CORUÑA	NO
42	1247	MARA VÁZQUEZ GEREMIAS	F- 42	BNJF- 42	00:02:13	00:06:19		OLEIROS	NO
43	1227	CELIA GEREMIAS MARTINEZ	F- 43	BNJF- 43	00:03:01	00:08:37		SADA	NO
44	1244	ANTIA MARCOTE CASTRO	F- 44	BNJF- 44	00:03:06	00:08:50		A CORUÑA	NO

VIII CARRERA DEL AGUA UNICEF SADA, Sada 30 de Septiembre de 2018

PREBENXAMIN FEMENINO. Distancia: 350 m

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Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Club	Localidade	Federado
1	1011	NOA MEJUTC F- 1		PBJF- 1	00:01:27	00:04:08		LUGO	NO
2	1012	IRENE BAO D F- 2		PBJF- 2	00:01:32	00:04:23		SADA	NO
3	1010	ELENA IGLESI F- 3		PBJF- 3	00:01:33	00:04:26		CULLEREDO	SI
4	1021	CARLOTA GAI F- 4		PBJF- 4	00:01:35	00:04:30		A CORUÑA	NO
5	1013	NOA SEOANE F- 5		PBJF- 5	00:01:36	00:04:33		FERROL	NO
6	1014	MARTINA FAI F- 6		PBJF- 6	00:01:36	00:04:33		BERGONDO	NO
7	1000	JANA ALBARF F- 7		PBJF- 7	00:01:39	00:04:41	CLUB ATLETIS	OLEIROS	NO
8	1002	PAOLA CARB, F- 8		PBJF- 8	00:01:43	00:04:53	CLUB ATLETIS	MIÑO	NO
9	1003	MARA PREGC F- 9		PBJF- 9	00:01:44	00:04:57	CLUB ATLETIS	A CORUÑA	NO
10	1004	VEGA ARMES F- 10		PBJF- 10	00:01:45	00:05:00	CLUB ATLETIS	OLEIROS	NO
11	1007	ALBA PORTO F- 11		PBJF- 11	00:01:46	00:05:03	MESOIRO RU	A CORUÑA	NO
12	1018	VALENTINA B F- 12		PBJF- 12	00:01:47	00:05:06		SADA	NO
13	1019	IRIA FERNÁN F- 13		PBJF- 13	00:01:48	00:05:07		SADA	NO
14	1015	YANIRE VÁZC F- 14		PBJF- 14	00:01:50	00:05:14		COIRÓS	SI
15	1028	CANDELA SEF F- 15		PBJF- 15	00:01:53	00:05:21		NARÓN	NO
16	1016	ELENA THEM F- 16		PBJF- 16	00:01:54	00:05:24		LA CORUÑA	NO
17	1009	CHLOE REGO F- 17		PBJF- 17	00:01:55	00:05:28	TRIATLON OL	MAIANCA OL	NO
18	1024	NOA BACARI F- 18		PBJF- 18	00:01:56	00:05:29		SANTIAGO	NO
19	1020	AVA ASTIANE F- 19		PBJF- 19	00:01:56	00:05:31		SADA	NO
20	1022	ALBA BACARI F- 20		PBJF- 20	00:01:56	00:05:32		SANTIAGO	NO
21	1023	JARA RAMOS F- 21		PBJF- 21	00:01:59	00:05:39		COIROS	NO
22	1026	PAULINA FER F- 22		PBJF- 22	00:02:02	00:05:49		CULLEREDO	NO
23	1008	ITZIAR FERNÁ F- 23		PBJF- 23	00:02:06	00:05:58	PASA OU ENT	NEDA	NO
24	1029	CARLA GONZ F- 24		PBJF- 24	00:02:08	00:06:05		PONTEDEUM	NO
25	1006	JULIA MACEII F- 25		PBJF- 25	00:02:11	00:06:13	CLUB DEPOR	CORUÑA	NO
26	1017	MÍA GARCÍA I F- 26		PBJF- 26	00:02:21	00:06:42		A CORUNA	NO
27	1027	NORA LAURE F- 27		PBJF- 27	00:02:23	00:06:47		LA CORUÑA	NO
28	1030	MARA CRESP F- 28		PBJF- 28	00:02:24	00:06:50		A CORUÑA	NO
29	1031	JULIA MANRE F- 29		PBJF- 29	00:02:24	00:06:52		CAMBRE	NO

VIII CARRERA DEL AGUA UNICEF SADA, Sada 30 de Septiembre de 2018

PREBENXAMIN MASCULINO. Distancia: 350 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Club	Localidade	Federado
1	1109	SAMUEL TALLON BLANCO		PBJM- 1	00:01:23	00:03:57	CLUBE ATLETISMO FENE	FENE	NO
2	1121	BRUNO MUINELO JUL		PBJM- 2	00:01:25	00:04:03		OLEIROS	NO
3	1133	MANUEL ARTIME PRADO		PBJM- 3	00:01:26	00:04:06		A CORUÑA	NO
4	1124	DIEGO REY MACEIRAS		PBJM- 4	00:01:28	00:04:11		SADA	NO
5	1101	PABLO CASTILLO CARRERAS		PBJM- 5	00:01:30	00:04:15	CLUB ATLETISMO SADA	A CORUÑA	SI
6	1112	ANXO MARTINEZ RODRIGUEZ		PBJM- 6	00:01:31	00:04:19		CARRAL	NO
7	1126	IAN VARELA PEREZ		PBJM- 7	00:01:33	00:04:24		A CORUÑA	NO
8	1116	PABLO IGLESIAS LEMA		PBJM- 8	00:01:33	00:04:24		A CORUÑA	NO
9	1117	JORGE RODRIGUEZ LODEIRO		PBJM- 9	00:01:34	00:04:26		SADA	NO
10	1141	ARITZ FERNÁNDEZ ABELAIRAS		PBJM- 10	00:01:34	00:04:27		OLEIROS	NO
11	1111	MATEO BOUZON BLANCO		PBJM- 11	00:01:34	00:04:29	TRISADA	SADA	NO
12	1114	JACOBO SOTO GARCIA		PBJM- 12	00:01:37	00:04:37		CULLEREDO	NO
13	1102	BIRUK BRAVO GARCIA		PBJM- 13	00:01:38	00:04:40	CLUB ATLETISMO SADA	SADA	NO
14	1106	NICOLÁS SOUSA PEREIRA		PBJM- 14	00:01:39	00:04:42	CLUB ATLETISMO SADA	CAMBRE	SI
15	1125	ADRIÁN CALVIÑO FUENTES		PBJM- 15	00:01:40	00:04:45		CULLEREDO	NO
16	1113	LUCAS FEIJOO SÁNCHEZ		PBJM- 16	00:01:41	00:04:47		CULLEREDO	NO
17	1130	CARLOS CASÁS VÁZQUEZ		PBJM- 17	00:01:42	00:04:50		OLEIROS	NO
18	1100	RODRIGO IGLESIAS PERTIERRA		PBJM- 18	00:01:42	00:04:51	CLUB ATLETISMO SADA	OLEIROS	NO
19	1140	GONZALO ROIBÁS CARRO		PBJM- 19	00:01:42	00:04:51		SADA	NO
20	1144	HUGO CARNERO GONZALEZ-SIERRA		PBJM- 20	00:01:42	00:04:52		A CORUÑA	NO
21	1122	NICO VIGO GARCIA		PBJM- 21	00:01:43	00:04:53		A CORUÑA	NO
22	1127	HUGO PASANDÍN GONZÁLEZ		PBJM- 22	00:01:45	00:05:00		A CORUÑA	NO
23	1115	ALEXANDRE DÍAZ GONZALEZ		PBJM- 23	00:01:48	00:05:07		A CORUÑA	NO
24	1103	ASIER VÁZQUEZ GUERRA		PBJM- 24	00:01:49	00:05:10	CLUB ATLETISMO SADA	OLEIROS	NO
25	1118	ALEXANDRE FERNÁNDEZ VÁZQUEZ		PBJM- 25	00:01:49	00:05:11		CULLEREDO	NO
26	1131	LEO FERRO DÍAZ		PBJM- 26	00:01:50	00:05:13		LA CORUÑA	NO
27	1143	XOEL QUIROGA RODRIGUEZ		PBJM- 27	00:01:51	00:05:15		SADA	NO
28	1108	BRUNO VÁZQUEZ MOSTEIRO		PBJM- 28	00:01:52	00:05:18	CLUB ATLETISMO SADA	OLEIROS	NO
29	1134	LUCAS BOURKAIB VELO		PBJM- 29	00:01:53	00:05:23		A CORUÑA	NO
30	1138	THEO VALERIO PEREZ		PBJM- 30	00:01:56	00:05:30		OLEIROS	NO
31	1110	RUBÉN CIUDAD DABLANCA		PBJM- 31	00:01:56	00:05:30	PATUKOS TIM RANIN	CULLEREDO	NO
32	1123	HUGO JIMÉNEZ BERMÚDEZ		PBJM- 32	00:01:57	00:05:35		A CORUÑA	NO
33	1119	HADRIÁN GAGO LORENZO		PBJM- 33	00:01:58	00:05:35		SADA	NO
34	1136	TELMO ARES ROMEU		PBJM- 34	00:01:58	00:05:36		MIÑO	NO
35	1129	YAGO SANTAMARÍA YÁÑEZ		PBJM- 35	00:01:59	00:05:39		NARÓN	NO
36	1145	ÓLIVER SÁNCHEZ TORREIRO		PBJM- 36	00:02:01	00:05:46		CULLEREDO	NO
37	1132	ALEJANDRO MALO DIAZ		PBJM- 37	00:02:03	00:05:52		BERGONDO	NO
38	1146	DIEGO DE LA FUENTE PUENTES		PBJM- 38	00:02:05	00:05:58		A CORUÑA	NO
39	1142	IAGO CHACÓN AMENEDO		PBJM- 39	00:02:06	00:05:59		A CORUÑA	NO
40	1139	ANTÓN VÁZQUEZ PÉREZ		PBJM- 40	00:02:09	00:06:07		BERGONDO	NO
41	1128	GAEL HEVIA YANES		PBJM- 41	00:02:19	00:06:35		CULLEREDO	NO